4th Asian Beach Games
November 14-23, 2014
Phuket, Thailand

Muaythai
4th ASIAN BEACH GAMES

PHUKET 2014
Thailand
Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.

KANOKPHAND CHULAKASEM
Secretary-General
Phuket Asian Beach Games Organizing Committee
Chairman, Sport Technical Committee
Technical Handbook

Olympic Council of Asia

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Chairman - Organizing Committee

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Governor of Sports Authority of Thailand
Chairman - Secretariat Office
Chairman - Sports Technical Committee

Pol.Gen. Adul Saengsingkaew
Police Commissioner - General
Chairman - Security and Traffic Committee

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Director of Bureau of the Budget
Chairman - Budgeting & Privileges Committee

Mr. Mitri Intusut
Governor of Phuket
Chairman - Accommodation, Transportation and Protocol Committee

Mr. Thawatchai Arunyik
Governor of Tourism Authority of Thailand
Chairman - Public Relations Committee

Mr. Narong Sahametapat, M.D.
Permanent Secretary of Ministry of Public Health
Chairman - Medical and Doping Control Committee

Maj. Gen Charouck Arirachakaran
Vice President & Secretary General of NOCT.
Chairman - Protocol and Ceremony Committee
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Secretary General  Mr. Stephan Fox
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Website  http://www.ifmamuaythai.org

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Quick Facts about Phuket

Introduction to Phuket

Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7°45' and 8°15' north latitude, and from 98°15' to 98°40' west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket's weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here

Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation

Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions

Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaew, the last remaining rain forest of the island.
Nightlife Shopping & Dining

Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket's up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island's entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it’s difficult to know where to start.

Weather and Climate of Phuket

Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).

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<td>Average high °C (°F)</td>
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<td>32.9 (91.2)</td>
<td>33.5 (92.3)</td>
<td>33.4 (92.1)</td>
<td>32.0 (89.6)</td>
<td>31.6 (88.9)</td>
<td>31.2 (88.2)</td>
<td>31.2 (88.2)</td>
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<td>30.9 (87.6)</td>
<td>31.0 (87.8)</td>
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<tr>
<td>Daily mean °C (°F)</td>
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<td>28.7 (83.7)</td>
<td>29.3 (84.7)</td>
<td>29.5 (85.1)</td>
<td>28.4 (83.1)</td>
<td>28.3 (82.9)</td>
<td>27.8 (82.0)</td>
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<td>Average low °C (°F)</td>
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<td>23.7 (74.7)</td>
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<td>Precipitation mm (inches)</td>
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The emblem of the 4th Asian Beach Games was driven by Phuket’s very own beauty and by one of Phuket’s most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the Peal of the Andaman and the Southern Paradise” where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.

“Sea turtle” is a symbol of endurance fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle. As sea turtle are amphibious creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

The name Sintu (สินธุ์), Sakorn (สาคร), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.
### Competition Program for the 4th Asian Beach Games 2014
14 - 23 November 2014 in Phuket, Thailand

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<td>Skateboard</td>
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<td>26</td>
<td>BMX Freestyle</td>
<td>EXF</td>
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<td>26</td>
<td>Sport Climbing</td>
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<td></td>
<td>Closing Ceremony</td>
<td></td>
<td></td>
<td></td>
<td>168</td>
<td>168</td>
</tr>
</tbody>
</table>

**Medals Distribution:**
- **G:** Gold
- **S:** Silver
- **B:** Bronze
- **TOTAL:** Total Medals

**Event Locations:**
- **Chaofa Mine**
- **Karon Beach**
- **Patong Beach**
- **Nai-Yang Beach**
- **Bangneow Dam/Anthem Wake Park**
- **Saphan Hin Sport Center**
Competition Technical Information

The 4th Asian Beach Games Phuket 2014
Muaythai

<table>
<thead>
<tr>
<th>No.</th>
<th>Events</th>
<th>Number of Athletes</th>
<th>Maximum Number of Athletes</th>
<th>No. of Medals</th>
</tr>
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<tbody>
<tr>
<td></td>
<td></td>
<td>Men</td>
<td>Women</td>
<td></td>
</tr>
<tr>
<td>1</td>
<td>Light Flyweight weight 45 - 48 kg.</td>
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<td>1</td>
<td>2</td>
</tr>
<tr>
<td>2</td>
<td>Flyweight weight 48 - 51 kg.</td>
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<td>1</td>
<td>2</td>
</tr>
<tr>
<td>3</td>
<td>Bantamweight weight 51 - 54 kg.</td>
<td>1</td>
<td>1</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>Featherweight weight 54 - 57 kg.</td>
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<td>1</td>
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</tr>
<tr>
<td>5</td>
<td>Lightweight weight 57 - 60 kg.</td>
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</tr>
<tr>
<td>6</td>
<td>Light Welterweight weight 60 - 63.5kg.</td>
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<td>1</td>
<td>2</td>
</tr>
<tr>
<td>7</td>
<td>Welterweight weight 63.5 - 67 kg.</td>
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<td>0</td>
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</tr>
<tr>
<td>8</td>
<td>Light Middleweight weight 67 - 71 kg.</td>
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<tr>
<td>9</td>
<td>Middleweight weight 71 - 75 kg.</td>
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<tr>
<td>10</td>
<td>Light Heavyweight weight 75 - 81 kg.</td>
<td>1</td>
<td>0</td>
<td>1</td>
</tr>
</tbody>
</table>

Maximum Number of Athletes for each National Olympic Committee: 10 Categories in Total Events (6 categories for men and 4 categories for women)

1. Date and Place
Muaythai (MY) competition for the 4th Asian Beach Games Phuket 2014 will be held in Phuket, Thailand from 18 - 23 November 2014 at Patong Beach

2. Competition Venue
Muaythai (MY) Venue is located at Patong Beach

3. Events
Muaythai (MY) competition will comprise of 16 Events

Men: 10 categories
- Light Flyweight over 45 kg. up to 48 kg.
- Flyweight over 48 kg. up to 51 kg.
- Bantamweight over 51 kg. up to 54 kg.
- Featherweight over 54 kg. up to 57 kg.
- Lightweight over 57 kg. up to 60 kg.
- Light Welterweight over 60 kg. up to 63.5 kg.
- Welterweight over 63.5 kg. up to 67 Kg.
- Light Middleweight over 67 kg. up to 71 kg.
- Middleweight over 71 kg. up to 75 kg.
- Light Heavyweight over 75 kg. up to 81 kg

Women: 6 categories:
- Light fly weight over 45 kg up to 48 kg.
- Fly weight over 48 kg up to 51 kg.
- Bantamweight over 51 kg up to 54 kg.
- Feather weight over 54 kg up to 57 kg.
- Light weight over 57 kg up to 60 kg.
- Light Welter weight over 60 kg up to 63.5 kg.
4. Competition Schedule

Nov. 17th, 2014
07.00 - 10.00: General Medical Check – up and Weigh – in for all athletes.
11.00: Technical Meeting for Team Manager and Official draws.
15.00: Referee and Judge Meeting.

Nov. 18th, 2014
07.00 - 09.00: Medical Check – up and Weigh – in.
15.30: Referee / Judge Meeting.
17.00: Preliminary Bouts.

Nov. 19th, 2013
07.00 - 09.00: Medical Check – up and Weigh – in.
15.30: Referee / Judge Meeting.
17.00: Quarter - Final Bouts.

Nov. 20th, 2014
07.00 - 09.00: Medical Check – up and Weigh – in.
15.30: Referee / Judge Meeting.
17.00: Quarter - Final Bouts.

Nov. 21st, 2014
07.00 - 09.00: Medical Check – up and Weight – in.
15.30: Referee / Judge Meeting.
17.00: Semi - Final Bouts.

Nov. 22nd, 2013
07.00 - 09.00: Medical Check – up and Weight – in.
15.30: Referee / Judge Meeting.
17.00: Final Bouts (Women & Men).

Nov. 23rd, 2013
07.00 – 09.00: Medical Check – up and Weigh – in
15.30: Referee / Judge Meeting.
17.00: Final Bouts (Women & Men).

5. Eligibility

5.1 The 4th Asian Beach Games Muaythai Competitions is reserved for athletes representing the National Olympic Committee affiliated to the FAMA.

5.2 Only competitors who comply with the conditions laid down in the OCA Constitution and the FAMA Rules are entitled to participate.

5.3 Men events
Boxer must be at least seventeen (17) years old and not more than thirty - five (35) years old on the first day of the Muaythai competition.

5.4 Women events
Boxer must be at least seventeen (17) years old and no more than thirty (35) years old on the first day of Muaythai competition.
6. Entries

6.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by PABGOC.

6.2 Deadline for Entry by Number Forms (Preliminary)
Each participating OCA member NOC must submit Entry by Number Forms to PABGOC by 24.00hrs Thailand local time (GMT +7) by **30 June 2014**. This form may be submitted by fax. Original form must be presented during the DRM. **PABGOC**’s detailed address, telephone and fax may be found on the entry form.

6.3 Deadline for Entry by Name Forms (Final)
The Entry by Name Forms must be received by **PABGOC** no later than **31 August 2014** at 24.00hrs Thailand local time (GMT +7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete’s full name. NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.

6.4 Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address

Sports Entries/4th ABG  
c/o Tatchanart Tongprakob  
Sports Directorate, Phuket Asian Beach Games Organizing Committee  
13th Floor, SAT Building, 286 Ramkhamhaeng Road, Huamark, Bangkapi, Bangkok, Thailand 10240  
Email: tatchanart.t@phuketthailand2014.com  
Tel. No. +66 2186 7178  Fax No: +66 21867537

6.5 If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM).

7. Technical Meetings
Technical Delegate and Technical Officials Meeting will be held on **November**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Meeting</th>
</tr>
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<tbody>
<tr>
<td>16&lt;sup&gt;th&lt;/sup&gt;, 2014</td>
<td>15.00 – 17.00</td>
<td>Technical Meeting Referee/Judges and Medical Doctors</td>
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</table>

The Venue of The Technical Meeting will be announced in due time.
8. General Rules and Regulations

8.1 Technical Organization
The Amateur Muaythai Association of Thailand under The patronage of The Royal Crown Prince of Thailand is responsible for and has a full control of the Technical Organization of the Muaythai competition in accordance with the IFMA Rules of International Competition and in consultation with the International Technical Delegate when necessary.

8.2 System of Competition
This competition will be conducted in a Single elimination system. The winner of the final match shall receive the gold medal the runner up shall receive the Silver medal, losing semi – finalists shall both receive bronze medals.

8.3 Bout
Each bout will be three (3) rounds of three (3) minutes each with one (1) minutes interval between rounds.

8.4 Wai Kru
Before the first round, every boxer must perform the traditional ritual of homage “Wai Kru” according to the customs of Muaythai. It is not permitted to perform any other form of martial art ritual that is not a conventional part of the art of Muaythai. The traditional Thai musical instruments – java pipe, small cymbals and two drums – will accompany the ritual.

9. Draw Event
The draw shall take place under the direction of The Tournament Committee witnessed by Technical Delegate after the General Medical Examination and Weigh in and at the present of the official representatives of the participating countries mentioned.

10. Technical Officials
10.1 Technical Delegate
The host country shall invite a Technical Delegate as nominated by The IFMA. His expense regarding the travel to and from their own home cities and accommodation – food during the period of the 4th Asian Beach Games will be borne by the 4th Asian Beach Games Organizing Committee.

10.2 JURY
The host country shall invite at least six (6) Jury Members as nominated by the IFMA, Six (6) working Juries will be assigned by the Technical Delegate in accordance with the rules of IFMA. All expenses regarding the travel to and from their own home cities and accommodation – food during the period of the 4th Asian Beach Games will be borne by the 4th Asian Beach Games Organizing Committee.

10.3 REFEREES / JUDGES AND MEDICAL OFFICERS
Each participating country shall provide two (2) IFMA/FAMA qualified, Referee/Judges chosen by FAMA. Participating country shall bourn travel expenses for accompanying Referees. The Host Country may enter six (6) IFMA/FAMA Referee/Judges for the competitions (4males and 2 females)

10.4 NEUTRAL REFEREES/JUDGES
IFMA may nominate six (6) Neutral Referees/Judges if feel necessary. All expenses regarding the travel to and from their own home cities and accommodation food during the period of the 4th Asian Beach Games will be borne by the 4th Asian Beach Games Organizing Committee.

OCA, with justified reason, may propose to FAMA some changes of international technical officials.
11. Protests and Appeals
Protests made to the judges on the grounds concerning matters of fact are decided by them without appeal. Appeals against other decisions of the Judges or the regard to any other Matter must be addressed to the chairman of the jury of Appeal for the sport concerned by a representative of the NOC of the country making the appeal. The participating NOC has the right to appeal to CAS against the decision of FAMA.

12. Dress Codes
All equipment and technical installations will comply with the IFMA Rules and regulations. The ring will be installed according to IFMA Rules. Gloves, groin, shin protector, elbow pads, bandages and head guard will be supplied by the tournament committee and will conform to IFMA standards. Participating athletes must wear the uniform of their NOC (Preparation of red and blue uniforms and all equipments are required).

13. Sports Equipment
Equipment and facilities will be in accordance with the regulations and specifications set by IFMA.

14. Penalties in Case of Fraud
A competitor proven to have fraudulently transgressed the Rules and Regulations of the Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor’s member organization is proven to have been a party to the fraud, his/her NOC may be disqualified in the sport involved, by decision of OCA.

15. Doping Control/Gender Verification
16.1 Doping Control for all event of the PHUKET 2014, 4th Asian Beach Games will be conducted according to OCA Medical Committee directions and will follow the procedures specified by the World Anti Doping Agency (WADA).

16.2 Gender Verification tests may be carried out in accordance with the OCA Constitution and Rules.

16.3 Competitors who are chosen to be tested will be notified after the match. When notified, the competitor must proceed to the Doping Centre in due time for examination. The competitor must bring an AD/ID Card along for verification. Those who are notified but do not arrive on time at the center will be treated as testing positive. Competitor must be either accompanied by team manager, coach or team doctor.

16. Victory Ceremonies
The ceremony will be in Thai and English. Medals, flowers and mascot bearers will enter the field-of-play and take position. Players will be escorted to the podium. The medals will be presented by the OCA President or his representative or by the FAMA/IFMA representative. The national anthem of the gold medalist will be played and the flag of the winners will be hoisted. Winners must wear their NOC official sport uniform.

17. Media Interviews
Competitors should go through the mixed-zone after their contest whenever there is a mixed-zone set up. Competitors will be invited to attend press conferences/interviews when requested.

18. Approval of the Technical Handbook
This Technical Handbook was approved by FAMA/IFMA.

General Clause:
Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.
Celebrate Charming Sunshine