sport technical handbook

Ski Jumping

"Максатты бірге неуі - рухты бірге!"
Unity of purpose - unity of spirit!"
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Olympic Council of Asia Executive Board

President — Sheikh Ahmad Al-Fahad Al-Sabah
Secretary General — Raja Randhir Singh
Vice Presidents: Mr. Yong Suk Shin, Mr. Timothy Tsun Ting Fok, Mr. Gafur Arslonbek Rakhimov
Lt. Gen Syed Arif Hasan, Maj. Gen Charouck Arirachakaran
HE Sheikh Isa Bin Rashed Al Khalifa, Mr. Zaiqing Yu, Mr. Temirkhan Dosmukhambetov
Prof. Dr Hoang Vinh Giang, Mr Habib Abdul Nabi Yousuf Macki
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Chairman, Coordination Committee (CC) — Mr. Tsunekazu Takeda (Japan)
Chairman, Culture & Education Committee (C&EC) — Mr. Hemasiri Fernando (Sri Lanka)
Chairman, Finance Committee (FC) — Dr. Feng-Shu Chang (Chinese Taipei)
Chairman, Information & Statistics Committee (I&SC) — Mr. Bahram Mohammad Afsharzadeh (Iran)
Chairperson, International Relations Committee (IR) — Mrs. Rita Sri Wahyusih Subowo (Indonesia)
Chairman, Media Committee (MEC) — Mr. Manuel Silverio (Macau)
Chairman, Medical Committee (MC) — Dr. Jegathesan Manikavasagam (Malaysia)
Chairman, Peace through Sport Committee (PTS) — HRH Prince Faisal Bin Al-Hussein (Jordan)
Chairman, Rules Committee (RC) — Sheikh Talal Fahad Ahmad J Al-Sabah (Kuwait)
Chairman, Sports Committee (SC) — Mr. Zhang Jilong (China)
Chairman, Sports & Environment Committee (SEC) — Mr. Yu Kyung-Sun (Korea)
Chairman, Sports for All Committee (SAC) — Genl. Souhail Khoury (Lebanon)
Chairperson, Women & Sport Committee (WSC) — Mrs. Natalya Sipovich (Kazakhstan)
Director General & Technical Director — Mr. Husain A H Z Al-Musallam (Kuwait)

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Fax: +965 5734973 / 5726622
E-mail: info@ocasia.org
Website: www.ocasia.org
AWAGOC Structure

President — Mr. Andrey Kotlov
Vice Presidents — Mr. Serik Kulmurzayev, Mr. Abzal Alibekov, Mr. Mikhail Lukin,
            Mr. Andrey Tsoy, Mr. Aibek Kapakov
Chief of Staff — Mr. Timur Yedenbayev
Security Service
Medical and Doping Control Service
Press Service
Logistics Service
Marketing Service
Legal, Personnel and Documentation Department
Economics and Finances Department
Asian Games Operations Department
Asian Games Information Services Department
Image Projects Department
Public Procurement Department
Administrative Supplies Department
Protocol Management
Accounting Management

AWAGOC
13, Imanov str, Business-center "Nursaulet", block B
Zip Code 010000 Astana, Kazakhstan
Phone: +7 7172 738738 / 502008
Fax: +7 7172 901525
E-mail: spm@astana-almaty2011.kz
Website: www.astana-almaty2011.kz
www.astana-almaty2011.com
### Olympic Council of Asia Members

<table>
<thead>
<tr>
<th>NOC</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Afghanistan</td>
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<td>Macau, China</td>
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<td>Sri Lanka</td>
<td>SRI</td>
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<td>Chinese Taipei</td>
<td>TPE</td>
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<td>Syrian Arab Republic</td>
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<td>Tajikistan</td>
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<td>Timor-Leste</td>
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<td>United Arab Emirates</td>
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<td>Uzbekistan</td>
<td>UZB</td>
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<td>Vietnam</td>
<td>VIE</td>
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<tr>
<td>Yemen</td>
<td>YEM</td>
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</table>
Kazakhstan in Brief

Area: 2,724,900 km²

Population: 16,196,800

Administrative Divisions: The Republic is composed of 14 regions and three cities of republican subordination.

Currency: Kazakh tenge (100 тің). 

Geographical Location: Kazakhstan is a state in Central Asia. In the south-west it is washed by the Caspian Sea. It borders with Russia, China, Kyrgyzstan, Uzbekistan and Turkmenistan. In the West - a part of the Caspian, and Turan lowlands, in the central part - Kazakh hills, in the north - the southern edge of the West Siberian Plain, in the East and South-East - Mountains of Altai, Targin, Jungar Alat, Tien-Shan.

Climate: The climate is continental. The average temperatures in January are from -18° C in the north to -3 C in the south, in July +19° C in the north and +30° C in the South. Annual precipitation in the north is from 300 mm in the desert and less than 100 mm in the mountains up to 1,600 mm.

The state language is Kazakh. In state institutions and local self-administrative bodies the Russian language is officially used on equal grounds along with the Kazakh language.

Public Holidays:
01–02 January — New Year’s days
07 January — Eastern Orthodox Christmas
08 March — International Women’s Day
21–23 March — Feast of Nauryz
01 May — Kazakhstan People’s Unity Day
09 May — Victory Day
06 July — Capital City Day
30 August — Constitution Day
16 November (2010) — Kurban Ait
16–17 December — Independence Day

Useful Information:
Time Zone: GMT+6
Voltage: 220 V (50 Hz)
Banking: the following foreign credit cards can be used in Kazakhstan: Master Card, Visa Card, American Express Card etc.
Host Cities in Brief

ASTANA
1832 — Date of foundation. Before 1961 — City of Akmolinsk
1961–1992 — City of Tselinograd
1993–1998 — City of Akmola
By the edict of the President of the Republic of Kazakhstan the city of Akmola is declared Capital of the Republic of Kazakhstan on October 20th, 1997 and by the decree of the President of the Republic of Kazakhstan Akmola is renamed into the Astana on May 6th, 1998.
Geographical position: 51° 10’ 00” of North latitude and 71° 25’ 00” of East longitude.
Local time: Astana is in Time Zone 5. Local time in relation to the Prime Meridian is GMT +06.00
The climate of Astana is the second coldest capital in the world (after Ulaanbaatar, Mongolia), with temperatures of -35 to -40 °C common in early winter. The city is also known for regular frosts for around six months every year.
Nowadays Astana is getting the image of a business center of the country. All government organizations, embassies of foreign countries, joint enterprises and foreign firms are concentrated in the new capital. Each year the city meets guests on various international industrial exhibitions, conferences and music festivals.

ALMATY
1854 — Date of foundation
1854–1921 — City of Vernyi
1921–1997 — Alma-Ata (capital of Kazakhstan)
Almaty is a former capital of the Republic of Kazakhstan and invariably remains the largest megalopolis in the country. Since independence in 1991, the city has experienced a significant transformation from its sudden exposure to western markets.
It is located in the south-east of the country.
Geographical position: 43°15’ 00” of North latitude and 76° 54’ 00” East longitude.
Local time: Almaty is in Time Zone 5. Local time in relation to the Prime Meridian is GMT +06.00
Population: 1,405,456 people.
The climate of Almaty is quite mild. It is never as cold here as in the northern parts of the country and one can easily survive without a fur hat and a fur coat. However, because of higher humidity it may seem a little colder in winter than it is in fact.
Almaty remains the largest financial, economic and cultural center of Central Asia. It accommodates numerous business centers, theaters, museums, art galleries, exhibition halls and countless modern entertainment complexes (movie theaters, nightclubs, parks, restaurants, cafes etc.)
The 7th Asian Winter Games in Brief

**Dates:** January 30 — February 6, 2011

**Place:** Astana-Almaty, Kazakhstan

**Sport Programme:** 5 Sports, 11 Disciplines, 69 Events

**Venues:** 9 Competition Venues

**Objectives:** According to the Olympic and Asian Games spirit, the aim of these Games is to support solidarity, friendship and interchange between Asian countries and regions and to enhance creation of a harmonious Asia.

**Motto:** Unity of purpose — unity of spirit!

Мақсаты Бірдің — рухы Бір!

**Logo:** The design of the logo goes back to the image of a nomadic bullock cart. In heraldic art the wheel serves as a symbol of eternal movement, both in space and in time. Reflecting the idea of constant development, the logo becomes an emblem of life and represents creative dynamism. The symbolism of the wheel is close to that of the circle and according to ancient beliefs it expresses the idea of the god of the Sun going around the Earth. Thus, the logo is a solar sign and represents the radiant power of a star that grants life and prosperity.
General Sport Programme of the 7th Asian Winter Games 2011 Astana – Almaty

Asian Games Official Opening Ceremony: January 30, 2011, Indoor Football Stadium, Astana

<table>
<thead>
<tr>
<th>Sport</th>
<th>Discipline</th>
<th>Men's Event</th>
<th>Women's Event</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Alpine Skiing</strong></td>
<td></td>
<td>Downhill</td>
<td>Downhill</td>
</tr>
<tr>
<td><em>(6 events)</em></td>
<td></td>
<td>Super-G</td>
<td>Super-G</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Super Combined</td>
<td>Super Combined</td>
</tr>
<tr>
<td><strong>Cross Country Skiing</strong></td>
<td></td>
<td>1.6 km Sprint Classic</td>
<td>1.4 km Sprint Classic</td>
</tr>
<tr>
<td><em>(12 events)</em></td>
<td></td>
<td>1.6 km Team Sprint Free</td>
<td>1.4 km Team Sprint Free</td>
</tr>
<tr>
<td></td>
<td></td>
<td>10 km Classic</td>
<td>5 km Classic</td>
</tr>
<tr>
<td>Skiing <em>(35 events)</em></td>
<td></td>
<td>15 km Free</td>
<td>10 km Free</td>
</tr>
<tr>
<td></td>
<td></td>
<td>30 km Classic</td>
<td>15 km Classic</td>
</tr>
<tr>
<td></td>
<td></td>
<td>4x10 km Relay</td>
<td>4x5 km Relay</td>
</tr>
<tr>
<td><strong>Ski Jumping</strong></td>
<td></td>
<td>K-95 Individual</td>
<td></td>
</tr>
<tr>
<td><em>(3 events)</em></td>
<td></td>
<td>K-125 Individual</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>K-125 Team</td>
<td></td>
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<tr>
<td><strong>Freestyle Skiing</strong></td>
<td></td>
<td>Moguls</td>
<td>Moguls</td>
</tr>
<tr>
<td><em>(6 events)</em></td>
<td></td>
<td>Aerials</td>
<td>Aerials</td>
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<tr>
<td></td>
<td></td>
<td>Parallel Mogul</td>
<td>Parallel Mogul</td>
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<tr>
<td><strong>Ski Orienteering</strong></td>
<td></td>
<td>Sprint</td>
<td>Sprint</td>
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<tr>
<td><em>(8 events)</em></td>
<td></td>
<td>Long Distance</td>
<td>Long Distance</td>
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<tr>
<td></td>
<td></td>
<td>Middle Distance</td>
<td>Middle Distance</td>
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<tr>
<td></td>
<td></td>
<td>Relay</td>
<td>Relay</td>
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<tr>
<td>Sport</td>
<td>Discipline</td>
<td>Men’s Event</td>
<td>Women’s Event</td>
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<tr>
<td>---------------------</td>
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<td>-------------------------------------------------</td>
</tr>
<tr>
<td>Skating</td>
<td>Speed Skating (12 events)</td>
<td>• 500 m</td>
<td>• 500 m</td>
</tr>
<tr>
<td></td>
<td>Figure Skating (4 events)</td>
<td>• 1500 m</td>
<td>• 1500 m</td>
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<tr>
<td></td>
<td></td>
<td>• 5000 m</td>
<td>• 3000 m</td>
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<tr>
<td></td>
<td></td>
<td>• 10000 m</td>
<td>• 5000 m</td>
</tr>
<tr>
<td></td>
<td></td>
<td>• 3200 m Team Pursuit</td>
<td>• 2800 m Team Pursuit</td>
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<tr>
<td></td>
<td></td>
<td>• 70 laps Mass Start</td>
<td>• 50 laps Mass Start</td>
</tr>
<tr>
<td></td>
<td>Men</td>
<td></td>
<td>Pairs</td>
</tr>
<tr>
<td></td>
<td>Ladies’</td>
<td></td>
<td>Ice Dance</td>
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<tr>
<td></td>
<td>Pairs</td>
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<td></td>
<td>Ice Dance</td>
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<td></td>
<td>Short Track Speed Skating</td>
<td>• 500 m</td>
<td>• 500 m</td>
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<td></td>
<td>(8 events)</td>
<td>• 1500 m</td>
<td>• 1000 m</td>
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<td></td>
<td>• 3000 m</td>
<td>• 1500 m</td>
</tr>
<tr>
<td></td>
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<td>• 5000 m Relay</td>
<td>• 3000 m Relay</td>
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<tr>
<td>Biathlon (7 events)</td>
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<td>• 20 km</td>
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<td></td>
<td>(7 events)</td>
<td>• 10 km Sprint</td>
<td>• 7.5 km Sprint</td>
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<td></td>
<td>• 4x7.5 km Relay</td>
<td>• 4x6 km Relay</td>
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<td>• 12.5 km Pursuit</td>
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<td>Ice Hockey (2 events)</td>
<td>Ice Hockey (2 events)</td>
<td>Men’s</td>
<td>Women’s</td>
</tr>
<tr>
<td>Bandy (1 event)</td>
<td>Bandy (1 event)</td>
<td>Men’s</td>
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</tr>
<tr>
<td>5 Sports</td>
<td>11 Disciplines</td>
<td>69 Events</td>
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Games Services

**Accreditation**
All application forms for identification (ID) and accreditation cards (AD) will be available for on-line completion at the official web-site of the Games, www.astana-almaty2011.com, beginning June 1st, 2010. The deadline for completing or making changes to the application forms is October 30th, 2010. Following the completion, the identification cards must be signed and stamped with the NOC of the respective country, which will ensure the right to enter and exit Kazakhstan with a valid passport from January 1st, 2011 to February 21st, 2011. The accreditation cards will be issued to delegates by accreditation centers once they arrive in Kazakhstan.

**Transportation**

**Arrival to Airport**
Transportation services will be provided at the international airports of Astana and Almaty. Designated vehicles will be available at the airport for transportation of arriving delegations to their hotels.

**Transit Airport**
Almaty international airport will serve as a transit-airport, where representatives of AWAGOC will assist participants to transfer to the flight to Astana.

**Participants Transportation**
It is planned to transport participants between the cities by air. However, the number of flights will differ depending on participants’ status. Local transportation of participants will be carried out using 30-seat buses which will be provided to the teams. Buses will be available at special bus-stops (parking lots), designed as part of the transport connection between the official hotels and competition/training venues, and will operate for 1-2 hours before and after competitions and trainings.

**Transportation Service for Trainings and Competition**
Transportation service will be provided to participants traveling between the competition venues and hotels. Any large and heavy luggage will be transported by designated vehicles.
Competition Equipment and Luggage Transportation
The Organizing Committee will help Games participants with transportation of competition equipment and luggage once they enter Kazakhstan. Games participants and their assistants are required to check their belongings, and attend the handling of their luggage together with AWAGOC representatives. The Organizing Committee will provide each team with Games luggage tags.

Accommodation & Fees
Athletes and officials of Ski Jumping competition will stay at the 4-star «Shera» Hotel in Almaty.

Accommodation fee for athletes and officials in quota:
50 $ USD per person per day

Accommodation fee for extra officials:
100 $ USD per person per day

Early registration and early arrivals:
100 $ USD per person per day

Catering
The main Games catering places for officials and athletes will be located at accommodation places. It is planned to have 3 buffet-type meals a day to reflect different tastes and religious preferences and to feature national cuisines from all countries of Asia including the host country. Taking into account the climatic conditions of the host cities and the varying distances to be traveled to the sports venues, appropriate and category-specific catering will be organized on sports venues as well. This measure is designed to provide hot meals to the athletes, coaches, staff and official guests of the Games away from the host city sports facilities. Food will be provided according to the relevant symbol on the accreditation cards of Games participants.
Ski Jumping Technical Information

Date and Competition Venues
Ski Jumping competitions will be held at the International K-95, K-125 Ski Jump Complex from January 31st to February 4th, 2011.

Sport Competition Schedule
Men: K-95 m Individual, K-125 m Individual, K-125 m Team

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>31.01.2011</td>
<td>10.00</td>
<td>K-125 m Individual</td>
</tr>
<tr>
<td>02.02.2011</td>
<td>10.00</td>
<td>K-95 m Individual</td>
</tr>
<tr>
<td>04.02.2011</td>
<td>10.00</td>
<td>K-125 m Team</td>
</tr>
</tbody>
</table>

Note: the competition schedule is subject to change according to the final entries.

Trainings Schedule
All competition venues will be available for training beginning January 15th, 2011. AWAGOC will develop a training schedule for each sport according to the arrival information for each team and teams’ training requests. A reasonable fee will be charged for using the venue. Free training for Ski Jumping competitions will be provided from January 28th, 2011.

Competition Rules
The current rules of FIS will be adopted for the Ski Jumping competition. Any issues that are not covered by the rules will be dealt with in accordance with the relevant regulations of the OCA and FIS.

Qualification
All members of National Olympic Committees and Olympic Council of Asia whose national/regional associations are members of FIS can join the competition. Participation of athletes must be in conformity with the qualification requirements of the OCA Constitution and Rules.
Entry by Number

<table>
<thead>
<tr>
<th>Events</th>
<th>Number of Athletes</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>K-125 m Individual</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>K-95 m Individual</td>
<td>2</td>
<td>4</td>
</tr>
<tr>
<td>K-125 m Team</td>
<td></td>
<td>6</td>
</tr>
</tbody>
</table>

Application Form
First form: Entry form by number
Deadline: October 30, 2010
Second form: Entry form by name
Deadline: December 30, 2010

Organization of Competitions
Under the supervision and instructions of the OCA and FIS, the technical delegates and technical officials will work with the Competition Commission of AWAGOC, a body responsible for organizing the Ski Jumping competition.

Technical Delegates and Referees
FIS with OCA’s approval will appoint technical officials, technical delegates, arbiters and referees. Other referees and competition officials will be designated by AWAGOC.

Timing
Electronic timing system will be customized to the competitions and it shall be operated in accordance with the regulations of FIS.

Draw
All the draws related to competitions will be conducted in conformity with the FIS regulation and under strict supervision.

Protest
All protests and appeals concerning technical aspects of the competitions will be conducted according to the FIS regulations.
Awards
The awards to be presented to athletes who rank among the first six places are as follows:
First place: gold-filled silver medal and certificate.
Second place: silver medal and certificate.
Third place: bronze medal and certificate.
Forth to sixth: certificate.

Doping Control
Doping test will be conducted under the guidance of the OCA Medical Committee and in accordance with the World Anti-Doping Code and international doping test standards. The Almaty Athletes’ Anti-Doping Laboratory, which was recognized by IOC and WADA, will serve as the test lab for the Games. Test results will be issued within 72 hours. International Ski Jump Complex will be the site of sample collection for athletes joining Ski Jumping competitions. The number of athletes to be tested and the principles of selection will be determined by the OCA Medical Committee. In the event of any positive test result, the Chairman of OCA Medical Committee will report to the OCA and take appropriate actions on the case.

International Ski Jump Complex
The facility includes 5 hills: the world-class K-125, K-95 hills and K-60, K-40, K-20 hills used for children and training purposes. A stadium, a media center, children’s ski-jumping school, a gym, a six-lane 25-meter-long indoor swimming pool, a cableway, road junctions providing access to platforms and start/finish places, overground and underground parking lots for 200 spaces will be built there. The complex is located in the southern part of Almaty, to the west from the river Esentay and to the south of Al-Farabi street. The area of the construction site is 15,1377 hectares. The multi-functional facility will have 5500 spectator seats. In addition to these, the western slope terrace is planned to have 4,000 standing places. The Media Center will be a four-storey building located on the north-west side of the stands. This building is the dominant structure of the complex. The children’s training center will be for 75 double rooms. The center is located near the training jumps. The ropeway to the starting tower is used for the convenience of beginner athletes and increases the number of jumps per day. Near the training center, it is planned to build a practice gym, a fitness room and a swimming pool. In the future, after the Asian Winter Games, the complex can be used as sports, fitness, cultural and entertainment facility and host concerts and shows.
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The Sites Included into the Infrastructure of the Asian Winter Games in Astana

Venues in Astana

**Indoor Football Stadium**

**Opening Ceremony**

**Indoor Speed Skating Stadium**

**National Indoor Cycle Arena**

**Kazakhstan Sport Palace**
The Sites Included into the Infrastructure of the Asian Winter Games in Almaty

**Venues in Almaty**

- **Baluan Sholak Sport Palace**
  - Closing Ceremony

- **Medeu Alpine Ice Arena**

- **International Ski Jump Complex**

- **Shymbulak Alpine Sport Resort**

- **Biathlon and Cross Country Ski Complex**

- **Tabagan Resort**