4th Asian Beach Games
November 14-23, 2014
Phuket, Thailand

Beach Sepaktakraw
Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.

KANOKPHAND CHULAKASEM
Secretary-General
Phuket Asian Beach Games Organizing Committee
Chairman, Sport Technical Committee
Olympic Council of Asia

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HRH Prince Haji Sufri Bolkiah (Brunei Darussalam)

Director General & Technical Director
Mr. Husain Al-Musallam (Kuwait)

OCA Contact Information
Address
PO Box 6706, Hawalli 32042, Kuwait

Tele
(+965) 25734972

Fax
(+965) 25734973

Email
info@ocasia.org

Website
www.ocasia.org
# Phuket Asian Beach Games Organizing Committee

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Prime Minister of The Kingdom of Thailand  
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   Chairman - Protocol and Ceremony Committee
Sport Federation

International Sepaktakraw Federation (ISTAF)

President: Maj Gen. Charouck Arirachakaran
Address: 226 Ban-ampawan, Sriayuthaya Road, Dusit, Bangkok 10300, Thailand
Tel.: +662 282 6771 - 2
Email: charouck@olympicthai.or.th

Secretary General: Dato Haji Abdul Halim Bin Kader, BBM
Address: Block 663, #03-141 Jalan Damai, Singapore 410663
Tel.: +65 672 62361
E-mail: abdulhalim007@gmail.com | abdulhalim@sepaktakraw.org

Asian Sepaktakraw Federation (ASTAF)

President: Dato Haji Abdul Halim Bin Kader, BBM
Address: Block 663, #03-141 Jalan Damai, Singapore 410663
Tel.: +65 672 62361
E-mail: abdulhalim007@gmail.com | abdulhalim@sepaktakraw.org

Secretary General: Mr. Boonchai Lorhpipat
Address: 149 Borom Rachchonnee Road, Aroon Amarin, Bangkoknoi, Bangkok 10700
Tel.: +662 433 7992 - 4
E-mail: boonchai.lor@gmail.com

The Takraw Association of Thailand (TAT)

President: Maj Gen. Charouck Arirachakaran
Address: 226 Ban-ampawan, Sriayuthaya Road, Dusit, Bangkok 10300, Thailand
Tel.: +662 282 6771 - 2
Email: charouck@olympicthai.or.th

Secretary General: Mr. Tanawat Prasongcharoen
Address: 149 Borom Rachchonnee Road, Aroon Amarin, Bangkoknoi, Bangkok 10700
Tel.: +662 433 7484
Fax: +662 433 7485
E-mail: prasongcharoen@gmail.com
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<th>Role</th>
<th>Name</th>
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<tr>
<td>Technical Delegate</td>
<td>Mr. Boonchai Lorhpipat</td>
<td><a href="mailto:boonchai.lor@gmail.com">boonchai.lor@gmail.com</a></td>
</tr>
<tr>
<td>Director of Operations</td>
<td>Ramon Suzara</td>
<td>ramonphuketthailand2014.com</td>
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<tr>
<td>Director of Sports</td>
<td>Mr. Nattavuth Ruengves</td>
<td><a href="mailto:nattavuth.r@phuketthailand2014.com">nattavuth.r@phuketthailand2014.com</a></td>
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<tr>
<td>Deputy Cluster Director (Sports &amp; Venues)</td>
<td>Mr. Ginio Panganiban</td>
<td><a href="mailto:ginio11160@gmail.com">ginio11160@gmail.com</a></td>
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<tr>
<td>Sports Competition Manager</td>
<td>Flt. Lt. Usanee Wongsalangkarn</td>
<td><a href="mailto:usanee@phuketthailand2014.com">usanee@phuketthailand2014.com</a></td>
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<td>Beach Sepaktakraw Competition Manager</td>
<td>Mr. Tanawat Prasongcharoen</td>
<td><a href="mailto:prasongcharoen@gmail.com">prasongcharoen@gmail.com</a></td>
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Quick Facts about Phuket

Introduction to Phuket

Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7°15' and 8°15' north latitude, and from 98°15' to 98°40' west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket’s weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here

Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation

Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions

Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaew, the last remaining rain forest of the island.
Nightlife Shopping & Dining

Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket's up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island's entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it’s difficult to know where to start.

Weather and Climate of Phuket

Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).

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<td>Average high °C (°F)</td>
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<td>32.9 (91.2)</td>
<td>33.5 (92.3)</td>
<td>33.4 (92.1)</td>
<td>32.0 (89.6)</td>
<td>31.6 (88.9)</td>
<td>31.2 (88.2)</td>
<td>31.2 (88.2)</td>
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<td>31.0 (87.8)</td>
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<td>Daily mean °C (°F)</td>
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<td>28.7 (83.7)</td>
<td>29.3 (84.7)</td>
<td>29.5 (85.1)</td>
<td>28.4 (83.1)</td>
<td>28.3 (82.9)</td>
<td>27.8 (82.0)</td>
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<td>23.7 (74.7)</td>
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The emblem of the 4th Asian Beach Games was driven by Phuket’s very own beauty and by one of Phuket’s most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the Peal of the Andaman and the Southern Paradise” where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.

“Sea turtle” is a symbol of endurance fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle.

As sea turtle are amphibious creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

The name Sintu (สินธุ์), Sakorn (สาคร), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.
# Competition Program for the 4th Asian Beach Games 2014
14 - 23 November 2014 in Phuket, Thailand

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<td>3 3 3 9</td>
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<tr>
<td>21</td>
<td>Triathlon</td>
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<td>Beach Athletics</td>
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<tr>
<td>23</td>
<td>Waterski</td>
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<td>24</td>
<td>Beach Flag Football</td>
<td>BFF</td>
<td>3</td>
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<td>1 1 2 4</td>
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<td>Beach Soccer</td>
<td>PBS</td>
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<td>1 1 1 3</td>
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<td>26</td>
<td>Extreme Sports</td>
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</tr>
</tbody>
</table>

**Total:** 168 events
4th ABG Competition Venues

**Patong North 1**
- Beach Wrestling
- Beach Kabaddi
- Petanque

**Patong North 2**
- Beach Sepaktakraw
- Foot Volley

**Patong North 3**
- Jetski Sport

**Patong Central Beach**
- Muaythai
- Kurash
- Ju-Jitsu

**Karon North 1**
- Beach Waterpolo
- Body Building
- Beach Basketball
- Squash
- Marathon Swimming

**Karon North 2**
- Beach Handball
- Sailing/Windsurfing

**Karon Central Beach**
- Beach Volleyball
- Sambo

**Karon South Beach**
- Woodball

**Naiyang**
- Triathlon
- Beach Modern Pentathlon
- Beach Athletics

**Anthem Wake Park**
- Waterski (Cable Wakeskate)

**Bangneow Dam**
- Waterski

**Chaoafa Mine**
- Air Sport

**Saphan Hin 1**
- Beach Soccer
- Beach Flag Football

**Saphan Hin 2**
- Extreme Sport
- Sport Climbing
VENUE: PATONG BEACH

- Beach Pétanque
- Muay Thai
- Beach Karate
- Foot Volley
- Beach Sepak Takraw
TECHNICAL DELEGATE PROFILE

MR. BOONCHAI LORHPIPAT
BEACH SEPAKTAKRAW

EDUCATION:
- High School: Triam Udom Suksa School
- Bachelor Degree: Mechanical Engineering (Hon.), King Mongkut’s University of Technology Thonburi
- Master Degree: Master of Business Administration (MBA), University of Kentucky, USA

HONORARY POSITION:
- Deputy President, International Sepaktakraw Federation (ISTAF)
- Secretary General, Asian Sepaktakraw Federation (ASTAF)
- Executive, The Takraw Association of Thailand (TAT)
- Secretary General, Sepaktakraw Thailand League Tournament
- Honorable President, Sporting Trade Association
### Competition Technical Information

**The 4th Asian Beach Games Phuket 2014**

**Beach Sepaktakraw**

<table>
<thead>
<tr>
<th>No.</th>
<th>Events</th>
<th>Number of Athletes</th>
<th>Substitutes</th>
<th>Maximum Number of Athletes</th>
<th>No. of Medals</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Gold</td>
</tr>
<tr>
<td>1</td>
<td>Beach Team Event (Men)</td>
<td>8</td>
<td>4</td>
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<tr>
<td>2</td>
<td>Beach Regu Event (Men)</td>
<td>4</td>
<td>2</td>
<td>6</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>Beach Trio Event (Men)</td>
<td>3</td>
<td>2</td>
<td>5</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>Beach Team Event (Women)</td>
<td>8</td>
<td>4</td>
<td>12</td>
<td>1</td>
</tr>
<tr>
<td>5</td>
<td>Beach Regu Event (Women)</td>
<td>4</td>
<td>2</td>
<td>6</td>
<td>1</td>
</tr>
<tr>
<td>6</td>
<td>Beach Trio Event (Women)</td>
<td>3</td>
<td>2</td>
<td>5</td>
<td>1</td>
</tr>
</tbody>
</table>

Each participating NOC may enter a maximum twelve (12) athletes for men team and/or a maximum of twelve (12) athletes for women team.

1. **Date and Place**

   The **Beach Sepaktakraw (SBS)** Competition in the 4th Asian Beach Games Phuket 2014 will be held in Phuket, Thailand from 16th – 23rd November 2014 at Patong Beach.

2. **Competition Venue**

   - The Beach Sepaktakraw (SBS) Venue is located at Patong beach.
   - Training site: The training schedule for each team will be given when the teams arrive.

3. **Events**

   There are six events in the Competition consisting of the following events:

   **Men**
   1. Beach Team Event
   2. Beach Regu Event
   3. Beach Trio Event

   **Women**
   4. Beach Team Event
   5. Beach Regu Event
   6. Beach Trio Event
4. Competition Schedule

The daily Competition Schedule will be disclosed after the Entry by Number has been finalized and the following events:

- November 16, 2014 Preliminary Round (Beach Team Event)
- November 17, 2014 Preliminary Round (Beach Team Event)
- November 18, 2014 Semi Final / Final (Beach Team Event)
- November 19, 2014 Preliminary Round (Beach Trio Event)
- November 20, 2014 Semi Final / Final (Beach Trio Event)
- November 21, 2014 Preliminary Round (Beach Regu Event)
- November 22, 2014 Preliminary Round / Semi Final (Beach Regu Event)
- November 23, 2014 Final (Beach Regu Event)

5. Eligibility

5.1 The member of Olympic Council of Asia (OCA) or the Olympic Committee whose Sepaktakraw federation is the member of Asian Sepaktakraw Federation can register for participating in the competitions.

5.2 The athletes should conform to the regulations stipulated in OCA Constitution on participation qualification.

5.3 Each participating country can only take part in a maximum of two (2) events only per NOC for each gender.

5.4 Each country may enter maximum athletes of twelve (12) men for men team and/or twelve (12) women for women team with a maximum of three (3) officials per team.

5.5 Each participating country is mandatory to send two (2) ISTAF or ASTAF Referees

6. Entries

6.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by PABGOC.

6.2 Deadline for Entry by Number Forms (Preliminary)

Each participating OCA member NOC must submit Entry by Number Forms to PABGOC by 24:00hrs Thailand local time (GMT +7) of 30 June 2014. This form may be submitted by fax. Original form must be presented during the DRM. PABGOC’s detailed address, telephone and fax may be found on the entry form.

6.3 Deadline for Entry by Name Forms (Final)

The Entry by Name Forms must be received by PABGOC no later than 31 August 2014 at 24:00hrs Thailand local time (GMT +7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete’s full name.
NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.

6.4 Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

Sports Entries/4th ABG  
c/o Tatchanart Tongprakob  
Sports Directorate, Phuket Asian Beach Games Organizing Committee  
13th Floor, SAT Building, 286 Ramkhamhaeng Road, Huamark, Bangkapi, Bangkok, Thailand 10240  
Email: tatchanart.t@phuketthailand2014.com  
Tel. No. +66 2186 7178  Fax No: +66 21867537

6.5 If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM)

7. Technical Meetings

7.1 -Technical Official Meeting on 15 November 2014 at 1500 hrs.  
7.2 -Team Manager Meeting on 15 November 2014 at 1700 hrs.

8. General Rules and Regulations

8.1 Rules

8.1.1 The 4th Asian Beach Games Sepaktakraw Competition will be conducted in accordance with the latest version of Rules and Regulations of the International Sepaktakraw Federation.

8.1.2 In case of any disagreement in the interpretation of the Rules, the English text shall prevail. Any unforeseen cases not covered by the Rules shall be dealt with accordingly in the following manners.

8.1.2.1 Technical questions shall be resolved in accordance with the ISTAF Rules. And the decision of the technical delegate on any question of the law of the games of Sepaktakraw during the tournament shall be final. All matters not provided for in these Rules shall be dealt with by the ISTAF Technical Committee and the Organizing Committee.

8.1.2.2 Cases of general nature shall be resolved in accordance with the Technical Committee of the Organizing Committee, and the Sport Committee of Olympic Council of Asia (OCA)
9. Competition Rules and Regulations

Competition Rules

1. Beach Sepaktakraw competitions will follow the prevalent Competition Rules of International Sepaktakraw Federation (ISTAF) and other relevant regulations and competition rules.

If dispute arises from the understanding about the Rules of different versions, the English version shall prevail. In the case of unforeseeable issues not stipulated in the Rules, corresponding measures should be adopted by the technical delegate dispatched by ISTAF according to sports spirit and Sepaktakraw rules.

In case there is some dissent concerning the judgment and punishment made by the technical delegate dispatched by ISTAF, the appeal shall be lodged according to the procedures stipulated in relevant rules.

2. Competitions will be arranged according to the total number of participating teams.

3. The Takraw Association of Thailand (TAT) is responsible for and has full control of the technical organization of Sepaktakraw competition, in consultation with the technical delegate of ISTAF.

Mode of Competition

1. Each participating country can only take part in a maximum of two (2) events for each gender. But only one team per event.

2. The draw and fixture will be the responsibility of the Organizing Technical Committee for Sepaktakraw to be witnessed by ISTAF & ASTAF representative.

3. The competition shall be played on a round league basis.

4. Two points shall be awarded for a win and “ZERO” for a loss. If two or more teams obtained an equal number of points, the tie shall be decided in the following order:
   4.1 The regu differences of the match played by the teams shall be decisive.
   4.2 The set differences of the matches played by the teams shall be decisive.
   4.3 Points differences are obtained by deducting the points ‘against’ from all points ‘for’ will be decisive.
   4.4 If those three alternatives are all found to be the same, then a toss of the coin shall be decisive.
   4.5 If one team involved in the ‘tie’ has a walkover win, the other team involved in the ‘tie’ will nullify the score obtained during the match played against the team that gave the walkover to the other team.
5. The Team Manager or Coach of the playing Team must register at the Tournament Table in the venue 60 minutes before every match and submit team sheet at least 45 minutes ahead of the schedule to start the match.

6. The athletes must be ready and line up at the Staging Area (entrance into the Field of Play) at 15 minutes before the start of the game. Waiting for the official referee to signal entering the court and announcement the name of the competitors. Any Team that is not in the Staging at the required time, a walkover process will take effect.

7. The athletes will begin at their scheduled dates and time unless otherwise indicated by official announcements.

10. Draw Event
The draw and fixture will be the responsibility of the Organizing Technical Committee for Sepaktakraw to be witnessed by ISTAF & ASTAF representative.

11. Technical Officials
Technical delegate and the technical officials have to be recognized by Olympic Council of Asia (OCA) and International Sepaktakraw Federation (ISTAF) and the Asian Sepaktakraw Federation (ASTAF) and dispatched by ISTAF / ASTAF. Other local Technical Officials and Competition Officials should be dispatched by the Takraw Association of Thailand (TAT) / the 4th Asian Beach Games Organizing Committee. OCA, with justified reason, may propose to ASTAF some changes of international technical official.

12. Protests and Appeals
All protests must be submitted in writing to the Chairman of the Technical Committee by the team managers not later than 30(thirty) minutes after the announcement of the result, together with a deposit of US$ 300 in cash. If the appeal is upheld, the deposit shall be refunded. The jury of appeal shall make its decision not later than two (2) hours after receiving the protest. The decision of the jury of appeal shall be final. The NOC has the right to appeal to CAS against the decision of ASTAF.

13. Dress Codes
The apparels of the Sepaktakraw athletes and other relevant personnel should conform to the regulations stipulated by Olympic Council of Asia (OCA).

14. Sports Equipment
Only Sepaktakraw equipments and balls approved by the International Sepaktakraw Federation (ISTAF) shall be used. Marathon Men Ball Model MT 908 and Women Ball Model MT 909 shall be used for the tournament.
15. **Penalties in Case of Fraud**

The athletes who are proved to commit fraudulence or violate prevalent competition rules will be disqualified from participating in the competition, with all ranks and results achieved qualified. If this competitor’s member organization is proven to have been fraudulence, the nation or the region may be disqualified from participating in the competition by OCA decision.

16. **Doping Control/Gender Verification**

16.1 **Doping Control**

Doping control will be carried out in live with the procedures stipulated by World Anti-Doping Agency under the regulation of Medical Committee of Olympic Council of Asia (OCA) during the 4th Asian Beach Games.

16.2 **Gender Test**

Gender test may be carried out in accordance with OCA Rules.

17. **Victory Ceremonies**

The ceremony will be in Thai and English. Medals, flowers and mascot bearers will enter the field-of-play and take position. Athletes will be escorted to the podium. The medals will be presented by the OCA representative, the International Sepaktakraw Federation representative or by the Tarawa Association of Thailand representative. The national anthem of the gold medalist will be played and the flag of the winners will be hoisted.

18. **Media Interviews**

Competitors should go through the mixed-zone after their contest whenever there is a mixed-zone set up. Competitors will be invited to attend press conferences/interviews when requested.

19. **Approval of the Technical Handbook**

This Technical Handbook was approved by Asian Sepaktakraw Federation (ASTAF).

**General Clause:**

Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.
Celebrate Charming Sunshine