On behalf of the Country of Turkmenistan, I would like to welcome all of our guests who are coming to participate at Ashgabat 2017 5th Asian Indoor and Martial Arts Games, taking place for the first time in our country.

We are working hard across all levels of the government to develop sport in Turkmenistan, and are working together with International Federations and sporting organisations throughout the world to share knowledge and experience.

I hope that Ashgabat 2017 will establish Turkmenistan’s position on an international level, spread our Country’s love of sport throughout the world and strengthen our friendly relations between nations.

During the Games, Asian and Oceanic athletes will have the opportunity to share their experiences, demonstrate their sporting skills and build lasting friendships.

We have been working hard to deliver the Games to a high level. The Ashgabat Olympic Complex covers total area of 157km2, we have over 30 different sites within the complex, including 15 sport competition venues.

The Athletes village and accommodation for our guests offers international world class catering, relaxation, cultural and entertainment facilities. All of this contributes to the great experience we want our guests to have along with a greater cooperation with Asian, Oceanic and international sport federations.

“Health, Inspiration and Friendship” was chosen as the motto of the Games. This motto is reflective of our healthy society, our nation’s inspiration and the importance of developing friendly relations with all nations of the world.

National values, ancient traditions and the rich culture of our nation are depicted in the logo, mascot and brand of Ashgabat 2017. The logo, mascot and brand of the Games, which represent past and present history, and the great future of our nation, will form a starting point for a unique opportunity for our guests to experience our ancient heritage, national legacy, spiritual and cultural values through to modern day times of our country.

Our nation’s healthy life style is embedded in each and every one of our citizens. One of the leading principles of the state is to protect our nation’s health, to ensure that our citizens enjoy a peaceful and prosperous life, to assure our young generations enjoy sport and to major sporting events in our country.

I would like to express my gratitude to the heads of the Olympic Council of Asia for the support and opportunity to host the 5th Asian Indoor and Martial Arts Games and I would also like to thank the heads of the Asian and Oceania National Olympic Committees for their support in the participation of their athletes in the 5th AIMAG.

I wish success, prosperity and sound health to all the athletes who will participate in the 5th Asian Indoor and Martial Arts Games.

President of Turkmenistan
Gurbanguly Berdimuhamedov
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General Information 9

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Maps of Venue and City 24
1. Introduction

In September 2017 Ashgabat will host the 5th Asian Indoor and Martial Arts Games; attracting athletes from 64 delegations from Asia and Oceania to participate across 21 sports.

This is a historic moment for the country, as Ashgabat 2017 will be the first major multi-sport event to be hosted in Turkmenistan. The vision after these games will be for the city of Ashgabat and the wider country to host future major sporting events at an international level.

5th Asian Indoor and Martial Arts Overview

The Games are owned, co-organised, and regulated by the Olympic Council of Asia (OCA).

The first Asian Indoor Games were held in 2005 in Bangkok. After three editions of the Asian Indoor Games, the Olympic Council of Asia merged the event with the Asian Martial Arts Games. This merger created the Asian Indoor and Martial Arts Games, with the 4th AIMAG taking place in Incheon, Korea in 2013.

In 2010 the 5th edition of the Asian Indoor and Martial Arts Games was awarded to the city of Ashgabat, Turkmenistan.

The 2017 Asian Indoor and Martial Arts Games will be held in Ashgabat from 17–27 September 2017.

Ashgabat 2017 5th AIMAG Executive Committee

The Ashgabat 2017 5th AIMAG Executive Committee was established in 2013 under the direction of the President of Turkmenistan Gurbanguly Berdymuhamedov. The Chairman of the 5th AIMAG Executive Committee is Mr. Dayanch Gulgeldiyev.

The Ashgabat 2017 5th Asian Indoor and Martial Arts venues

There are 15 competition venues, with all sports except Equestrian Jumping and Futsal taking place within the Ashgabat Olympic Complex. Equestrian Jumping will take place at the Equestrian Centre located in the north east of the city and Futsal at the Multifunctional Sport Venue located less than 500m from the Ashgabat Olympic Complex.

The Ashgabat 2017 5th Asian Indoor and Martial Arts sports

Twenty-one sports will be contested during the 5th Asian Indoor and Martial Arts Games. The Games will include six Olympic sports: 3x3 Basketball, Track Cycling, Equestrian Jumping, Taekwondo, Wrestling and Weightlifting.
### OCA Executive Board

<table>
<thead>
<tr>
<th>Title</th>
<th>Name</th>
<th>Country</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Sheikh Ahmad Al-Fahad Al-Sabah</td>
<td>Kuwait</td>
</tr>
<tr>
<td>Honorary Life Vice-President</td>
<td>Raja Randhir Singh</td>
<td>India</td>
</tr>
<tr>
<td>Honorary Life Vice-President</td>
<td>Jizhong Wei</td>
<td>China</td>
</tr>
<tr>
<td>Vice President</td>
<td>Maj Gen Charouk Arirachakaran</td>
<td>Thailand</td>
</tr>
<tr>
<td>Vice President</td>
<td>Timothy Tsun Ting Fok</td>
<td>Hong Kong</td>
</tr>
<tr>
<td>Vice President</td>
<td>Lt Gen Syed Arif Hassan</td>
<td>Pakistan</td>
</tr>
<tr>
<td>Vice President</td>
<td>HE Sheikh Isa Bin Rashed Al Khalifa</td>
<td>Bahrain</td>
</tr>
<tr>
<td>Vice President</td>
<td>Timur Kulibayev</td>
<td>Kazakhstan</td>
</tr>
<tr>
<td>Vice President</td>
<td>Tsunekazu Takeda</td>
<td>Japan</td>
</tr>
<tr>
<td>Vice President</td>
<td>Prof Dr Hoang Vinh Giang</td>
<td>Vietnam</td>
</tr>
<tr>
<td>Vice President</td>
<td>Sapardurdy Toylyyev</td>
<td>Turkmenistan</td>
</tr>
<tr>
<td>Vice President</td>
<td>Song Luzeng</td>
<td>China</td>
</tr>
<tr>
<td>Vice President</td>
<td>Yu Zaiching</td>
<td>China</td>
</tr>
<tr>
<td>Vice President</td>
<td>Rita Sri Wahyusih Subowo</td>
<td>Indonesia</td>
</tr>
<tr>
<td>Honorary Vice-President</td>
<td>Hemasiri Fernando</td>
<td>Sri Lanka</td>
</tr>
</tbody>
</table>
1. Ashgabat 2017 5th Asian Indoor and Martial Arts Games in Brief

1.1 Games Overview

<table>
<thead>
<tr>
<th>Duration</th>
<th>17–27 September 2017 (12 days of competition)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Location</td>
<td>Ashgabat, Turkmenistan</td>
</tr>
<tr>
<td>Games Venue</td>
<td>15 Competition Venues</td>
</tr>
<tr>
<td>Sports Programme</td>
<td>21 Sports / 337 events</td>
</tr>
<tr>
<td>Patron</td>
<td>Olympic Council of Asia (OCA)</td>
</tr>
<tr>
<td>Host</td>
<td>Ashgabat 2017 5th AIMAG Executive Committee</td>
</tr>
</tbody>
</table>

1.2 Motto

1.3 Logo
The Ashgabat 2017 logo is made up of several different elements:

Akhal-teke
The akhal-teke horse is a national symbol of Turkmenistan. These horses are renowned for their speed, endurance and intelligence. The horse represents Health.

Moon
The crescent Moon is a recognised symbol shown on the Turkmenistan national flag. The Moon represents Inspiration.

Star
The star is the symbol of the Olympic Council of Asia, which represents welcoming Asian countries to Turkmenistan. The star represents Friendship.

Together the elements of the logo and the colours come together to represent Health, Inspiration and Friendship within Turkmenistan, and the circular shape reflects unity and sharing these values with the world.

1.4 Mascot
The Ashgabat 2017 Mascot is called Wepaly – meaning Loyal Friend in Turkmen. He is an Alabai, a traditional Turkmen dog which is renowned as a beautiful and courageous animal that for many centuries has helped Turkmen shepherds to safeguard flocks of cattle in heavy conditions in the sandy desert. Today the Alabai is treasured by the Turkmen people not only as a courageous protector, but also as a loyal friend. Wepaly wears traditional ceremonial dress and a white telpek fur hat while waving the State Flag of Turkmenistan and the symbol of the Olympic Council of Asia.

2. Accreditation and Validation

The Asian Indoor and Martial Arts Identity and Accreditation Card (AIMAGIAC) is both a visa-waiver document for entry into Turkmenistan for the 5th AIMAG and an identity and access device for access into Games venues.

AIMAGIACs will be distributed to all eligible Games participants via IFs/AFs (Technical Delegates and federation staff), NOCs (athletes and team officials), or the Ashgabat 2017 Executive Committee Sport Team (Technical Officials). The cards will be distributed in the form of a Pre-Valid Card (PVC) which must be validated at an official Games Accreditation location prior to being used to access Games venues.

For updates on the status of applications, please contact the IF/AF or NOC that is responsible for your application. Please also contact the relevant responsible organization if you do not receive your PVC before the end of August 2017.
PVCs should be carried with the passport during travel to Turkmenistan – participants may need to show the PVC to airline check-in or border control officials during departure or transit to prove eligibility to enter Turkmenistan. The PVC is a visa waiver document for entry into Turkmenistan between 18 August and 12 October 2017 – participants in possession of a PVC do not need to apply for a separate entry visa for Turkmenistan during this period. The PVC however does not act as a transit visa for any country – participants are required to make their own arrangements for transit visas where required.

Upon arrival into Turkmenistan, the Accreditation Card should be presented with the passport to the border control officials. The passport must be the same as the information submitted as part of the application for accreditation, and it must be valid until at least 28 December 2017.

Validation of the PVC

PVCs must be validated at an official Games Accreditation location before accessing Games venues. Each participant must attend in person with their passport to complete the process.

There will be Accreditation Validation Counters at Ashgabat International Airport (ASB) from 1 September 2017 – all participants arriving into Turkmenistan through ASB are required to complete the validation process at the airport before proceeding to their accommodation.

3. Accreditation Locations and Services

<table>
<thead>
<tr>
<th>Centre</th>
<th>Client Groups</th>
<th>Validation</th>
<th>Help Office</th>
<th>Lost/Stolen Replacement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ashgabat International Airport (ASB)</td>
<td>All participants arriving on international flights</td>
<td>YES</td>
<td>-</td>
<td>-</td>
</tr>
<tr>
<td>Athletes Village Accreditation Centre</td>
<td>Village residents only</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
</tr>
<tr>
<td>Uniform and Accreditation Centre (UAC)</td>
<td>All</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
</tr>
<tr>
<td>Venue Accreditation Help Offices (VAHOs):</td>
<td></td>
<td>YES</td>
<td>-</td>
<td>YES</td>
</tr>
<tr>
<td>• Ashgabat Olympic Complex South</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Ashgabat Olympic Complex East</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Multifunctional Sport Venue/Ashgabat</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Olympic Complex North</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Equestrian Centre</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>OCA Family Hotel Accreditation Centre</td>
<td>OCA Family Hotel residents only</td>
<td>YES</td>
<td>YES</td>
<td>YES</td>
</tr>
</tbody>
</table>

Lost, Stolen and Damaged PVCs and AIMAGIACs

If your PVC is lost prior to departure for Turkmenistan, is lost in transit or is damaged, please contact your IF/AF or NOC in the first instance. They will communicate with the 5th AIMAG Executive Committee to discuss options.

If your AIMAGIAC is damaged in such a way that the photograph, name or access codes are not easily read, or if the barcode area is damaged so that it will not scan at the access control points, please report to any Accreditation Centre where a replacement card will be issued.

Lost or stolen AIMAGIACs should be reported to any Accreditation Centre at the earliest possible opportunity so that it can be cancelled. A new AIMAGIAC will be issued upon completion of a declaration form, and presentation of a valid passport to confirm identity.
4. Transportation

4.1 Transport Services for Arrival and Departure
Shuttle Bus Services will be provided for arriving and departing athlete and team officials, depending on arrival and departure information and flight details. Before departure Shuttle Bus Services require advanced reservation.

4.2 Transport services for Competitions
Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between athletes Village and the competition venues as per the competition schedule.

4.3 Transport Services for Training
Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes Village and the training venues as per the training schedule.

4.4 Transport Services for Spectating
The Athlete Village to venue Shuttle Bus Service will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events, priority however, will be given to athletes and team officials participating in their own events. Due to the close proximity of the Athletes Village to the Olympic complex the option to walk is available to non-participating athletes and team officials.

4.5 Other Transport Services
The luggage belonging to athletes and team officials should, in principle, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to transfer baggage to the destination.
5. Accommodation

Ashgabat 2017 aims to provide a secure and comfortable environment for athletes and team officials to relax, perform at their best and enjoy the atmosphere of the first Athletes Village in Turkmenistan.

The Athletes Village is conveniently located in the heart of Ashgabat, in near proximity to the city centre and other business, leisure and commercial attractions.

Located across the road from the Ashgabat Olympic Complex (see map), the Athletes Village contains 14 buildings with 12 floors each. The apartments have between two and three bedrooms.

6. Media

6.1 Mixed Zone

There is a mixed zone in every venue, for every sport. Athletes are required to go through the mixed after competition. The mixed zone is made up of broadcasters and written media. Athletes do not have to stop and speak to media but they are required to go through the mixed zone. Generally the mixed zone will have media from the athlete’s country.

6.2 Media Conference

Media conferences may occur depending on the sport and the level of media interest. These are arranged through NOCs Media Teams.

7. Medical Service

Medical stations for athletes will be installed at all competition venues and training facilities.

On-site medical treatment and emergency transfer service will be provided during the operating period. The polyclinic in the Athletes Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy etc.

It will also have an emergency room open 24 hours per day, with standby ambulance. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family, VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute injuries, they can receive treatment in the Polyclinic or designated hospitals free-of-charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.
8. Host Country/City Information

8.1 Turkmenistan in Brief

Turkmenistan is located in the western part of Central Asia. The country extends 1100 km from west to east and 650 km from north to south.

The area of Turkmenistan is 491,210 km². In the south, Turkmenistan borders with Iran and Afghanistan, with Kazakhstan in the north, Uzbekistan to the north and east, and with the Caspian Sea in the west.

Over 80 percent of Turkmenistan’s territory is covered by the Karakum desert, which mainly spreads across the centre of the country. Approximately 15 percent of the territory of Turkmenistan is occupied by hills and mountains. The highest peak in the country is Mount Airy Baba with an altitude of 3139m.

Turkmenistan is divided into 5 provinces – Ahal, Balkan, Dashoguz, Lebap and Mary. Each province is divided into districts. There are 50 districts, 24 towns, including 15 district-wide towns, 76 villages and 553 rural councils (rural municipal units) and 1903 rural settlements in Turkmenistan.

Turkmenistan - is a democratic, legal, secular state and its government is a presidential republic, led by President Gurbanguly Berdimuhamedov.

The Constitution of Turkmenistan is the main law of state, according to which the state structure of Turkmenistan is based on the principle of separation of powers into legislative, executive and judicial branches, which operate independently, balancing each other.

The Turkmen President is the guarantor of national independence, of the country’s neutrality status, its territorial integrity, the respect for the constitution and international obligations.

On 27 October 1991 Turkmenistan became an independent state and since then this date is celebrated as the country’s Independence Day.

On 12 December 1995 with the unanimous support of all 185 Member States of the United Nations General Assembly Member States Turkmenistan was recognised as a permanently neutral state.
8.2 Ashgabat in Brief

Introduction to Ashgabat

The capital city of Turkmenistan is Ashgabat, and the largest administrative and cultural centre of the country.

The city's name comes from the words "Ashk" – love and "abad" - city, giving it the name "city of love". Ashgabat is located in the south of Turkmenistan, 25km north of the border with Iran from which it is separated by Kopetdag mountains, while on the other side the city borders with the Karakum desert.

Settlements on the territory of modern Ashgabat date back to the Neolithic era, around 6000 BC.

History and Culture

Turkmenistan has been at the crossroads of Civilizations for centuries. In medieval times, Merv was one of the great cities of the Islamic world and an important stop on the Silk Road, a caravan route used for trade with China until the mid-15th century. In Turkmenistan there are over two thousand historical and cultural sites. These include open-air museums Of Ancient settlements such as Old Nisa, Kunya Urgench, Atamyrat, Ancient Dehistan, Old Sarakhs, Abiverd and Geoktepe fortress. All of them have become a place of Cultural Pilgrimage for many tourists and scientists from around the world.

Currency

The national currency is manat, put into circulation on November 1, 1993. Currently, the ratio of the national currency to a freely convertible currency is: 3.50 manat = 1 US dollar.

Population

The population of Turkmenistan is more than 6.2 million people. Turkmenistan is a multinational state. There are more than 100 nations and ethnic groups living in the country.

Language

Turkmen is the official state language. The educational institutions of Turkmenistan ensure learning of three languages – Turkmen, English and Russian. In addition, the higher educational institutions and some specialised secondary schools include study of French, Chinese, German, Japanese and some other foreign languages.

9. Weather Conditions

In September the average temperature in Ashgabat is 23.1°C, with an average daily maximum of 31.5°C and an average daily minimum of 15.4°C (source: http://www.ashgabat.climatemps.com/temperatures.php).

There is only a 3% chance of rain on any given day, and an average 9 hours and 23 minutes of sunshine per day in September.
Technical Factsheet

1. Competition dates

The Track Cycling competition will be held from September 18 to September 23, 2017 at the Velodrome (VEL).

2. Venue

<table>
<thead>
<tr>
<th>Category</th>
<th>Competition Venue</th>
<th>Training Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>Velodrome</td>
<td>Velodrome</td>
</tr>
<tr>
<td>Distance from AV</td>
<td>300 m</td>
<td>300 m</td>
</tr>
<tr>
<td>Size</td>
<td>250 m</td>
<td>250 m</td>
</tr>
<tr>
<td>Seating capacity</td>
<td>6000 (gross) / 4500 (net)</td>
<td>6000 (gross) / 4500 (net)</td>
</tr>
</tbody>
</table>

3. Competition Management

3.1 Technical Delegate: Nuthapong Lohitnavee (THA)
3.2 Sport Manager: Gary Willis (GBR)
3.3 Sport Coordinator: Elina Pogodina (TKM)
3.4 Technical Operations Manager: Roland Kemp (GBR)
3.5 Sport Production Manager: Leyanne Jenkins (GBR)

4. Competition Events

The Track Cycling competition will consist of five (5) events as described within the section 7, including three sprint events (Individual Sprint, Team Sprint, Keirin) and two endurance events (Team Pursuit and Omnium) both for Men and Women.

<table>
<thead>
<tr>
<th>Men (5)</th>
<th>Women (5)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sprint (3): Individual Sprint, team Spring, Keirin</td>
<td>Sprint (3): Individual Sprint, team Spring, Keirin</td>
</tr>
<tr>
<td>Endurance (2): Team Pursuit, Omnium</td>
<td>Endurance (2): Team Pursuit, Omnium</td>
</tr>
</tbody>
</table>
5. Competition Schedule

<table>
<thead>
<tr>
<th>14 Sep</th>
<th>15 Sep</th>
<th>16 Sep</th>
<th>17 Sep</th>
<th>18 Sep</th>
<th>19 Sep</th>
<th>20 Sep</th>
<th>21 Sep</th>
<th>22 Sep</th>
<th>23 Sep</th>
</tr>
</thead>
<tbody>
<tr>
<td>THUR</td>
<td>FRI</td>
<td>SAT</td>
<td>SUN</td>
<td>MON</td>
<td>TUE</td>
<td>WED</td>
<td>THUR</td>
<td>FRI</td>
<td>SAT</td>
</tr>
<tr>
<td>Training 10.00-12.00</td>
<td>Training 10.00-12.00</td>
<td>Training 10.00-12.00</td>
<td>Training 08.00-10.00</td>
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<td>Open Training 09:30-11:30</td>
<td>Open Training 09:30-11:30</td>
<td>Open Training 09:30-11:30</td>
<td>Pre-race training 09:30-10:45</td>
<td>AM session 11:00-13:00</td>
</tr>
<tr>
<td>12.00-14.00</td>
<td>12.00-14.00</td>
<td>12.00-14.00</td>
<td>10.00-12.00</td>
<td>Pre-race training 16:30-17:45</td>
<td>Pre-race training 16:30-17:45</td>
<td>Pre-race training 16:30-17:45</td>
<td>Pre-race training 16:30-17:45</td>
<td>Pre-race training 16:30-17:45</td>
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</tr>
<tr>
<td>14.00-16.00</td>
<td>14.00-16.00</td>
<td>14.00-16.00</td>
<td>Pre-race training 18.00-21.00</td>
<td>PM Session 18.00-21.00</td>
<td>PM Session 18.00-21.00</td>
<td>PM Session 18.00-21.00</td>
<td>PM Session 18.00-21.00</td>
<td>PM Session 18.00-21.00</td>
<td>PM Session 18.00-21.00</td>
</tr>
</tbody>
</table>

6. Competition Rules

The Track Cycling competition will be conducted in accordance with the current UCI Competition Regulations, in force during Games time.

In case of any disagreement in the language interpretation of the rules and regulation, the English version shall prevail. Any unforeseen case not covered by the rules and regulations shall be handled as follows:

General Issues: Resolved in accordance with OCA Constitution and Rules
Technical Issues: Resolved in accordance with the UCI Rules and Regulations

7. Competition Format

The five events will follow the below format.

Individual Sprint

All riders will compete a flying 200-meter time trial to determine the fastest eight riders who will qualify for the sprint competition. Matches are contested between two riders who cover three laps (750 meters) of the track. The first rider over the line wins the race and the best of three races wins the match.

Team Sprint

The team sprint race will see two opposing teams of two riders for the women’s event and three riders for men’s events, each of whose riders will lead for one lap. After the completion of his or her lap, the leading edge of the leading rider’s front wheel must cross the pursuit line ahead of the leading edge of the front wheel of the following rider. Thereafter, the leading rider must draw aside immediately and ride above the sprinter’s line no later than within 15 meters after the pursuit line. The qualifying round will determine the best four teams based on the time they made. The teams having made the two best times will ride in the final for first and second places. The two others will ride in the final for third and fourth places.

Keirin

Riders will compete in heats of three to seven riders. The event is run over a number of laps closest to 1500 meters (6 laps of the track). For the first three laps, the riders must remain immediately behind a derny (light motorcycle), which will increase its speed progressively from 30 to 50 km/h. The derny will leave the track with 3 laps to go (750 meters from the end), after the pursuit line on the home straight, and the riders will complete the remaining distance.

Team Pursuit

The team pursuit will be held over 4000 meters (16 laps of the track) for both the men and women’s events. Teams of four riders compete alone in the qualifying round. The fastest four teams will qualify for the final. The riders of each team shall start side by side behind the start line with the lateral distance between riders being one meter. The teams having made the two best times will ride in the final for first and second places. The two others will ride in the final for third and fourth places.
Omnium
This will be a single competition consisting of four events run with a maximum number of riders set by the track limit which shall be held over one day. Riders will score points based on their rankings in each of the events. During the final points race, riders will start the race with the points they have accumulated from the first three events. For these three events, only, each winner will be awarded 40 points, each second place shall be awarded 38 points, each third place shall be awarded 36 points etc. Their total will increase or decrease depending on their performances in the points race to decide the final position with the winner being the rider with the most points at the end of the points race. The four events, in order, will be:

1. Scratch race (7.5km for women and 10km for men)
2. Tempo race (7.5km for women and 10km for men)
3. Elimination race
4. Points race (20km for women and 25km for men)

In the Points race, the first rider in each sprint shall be awarded 5 points, the second 3 points, the third 2 points and the fourth one point. Points awarded in the last sprint after the full distance will be doubled (10 points, 6 points, 4 points, 2 points). Any rider that gains a lap on the main field is awarded 20 points and any rider that loses a lap on the main field is deducted 20 points.

7.1 Field of Play (FOP)
The Track Cycling Field Of Play (FOP) is made of wood (Norwegian spruce) and has a measurement of 250 meters in length and the angle of the track is steeped to a maximum of 45 degrees on the corners. A track maintenance team will be responsible for the upkeep of the track.

Team Pens and Storage
All NOCs will have access to a team pen area within the track infield with the size of the pen dependent on the size of the NOC (4x4 meters and 4x6 meters). In addition to this space, there will be a dedicated, secure storage space on the level below the track which will either be assigned per NOC or shared depending on the number of athletes per NOC.

7.2 Duration of contests
The duration of the event in Cycling depends on the speed an athlete covers a certain number of laps with.

7.3 Scoring
Individual Sprint- the winner is determined by recording the fastest time after covering 3 laps.
Keirin- riders compete in a sprint after completing a number of laps behind a motorized pacer who leaves the track 3 laps to go. The winner is determined by recording the fastest time.
Team Pursuit- the winner is determined by either catching the other team or recording the fastest time.
Team Sprint- the winner is determined by recording the fastest time upon condition that the rear of the leading rider’s back wheel must cross the pursuit line ahead of the leading edge of the front wheel of the following rider.
Omnium- riders will score points based on their rankings in each of 4 events.

7.4 Decision
As per the respective rules and regulations of the International Cycling Federation (UCI)

7.5 Contestant uniform and protective equipment
As per the respective rules and regulations of the International Cycling Federation (UCI)

7.6 Drawing of lots
As per the respective rules and regulations of the International Cycling Federation (UCI)
8. Sport Entries

8.1 Eligibility
Only OCA and ONOC member NOCs are entitled to send athletes to participate in the Track Cycling competition at the 5th Asian Indoor and Martial Arts Games.
Only athletes who comply with the OCA Constitution and Rules and its by-laws are entitled to participate in the Track Cycling competition.

8.2 Entry Timeline
Entry by Number – Deadline: Saturday June 17, 2017
Entry by Name – Deadline: Thursday August 3, 2017

8.3 Entry Policies

**Individual Events:** Each NOC may enter 2 (two) athletes in each event but in Men’s and Women’s Omnium event each NOC may enter only 1 (one) athlete.

Team events: Each NOC may enter 1 (one) team in each event, consisting of 4 (four) athletes in both Men’s and Women’s Team Pursuit, 3 (three) athletes in Men’s Team Sprint and 2 (two) athletes in Women’s Team Sprint.

Total: Each NOC may enter a maximum of 12 (twelve) male and 11 (eleven) female athletes in Track Cycling.

**Age Limitation:** Athletes for Track Cycling must reach the minimum age of 18 (born on or before December 31, 1999).

**Entry Limitation:** The OCA have confirmed that for any Track Cycling event to go ahead there must be a minimum number of Entries by Name from six (6) different NOCs and athletes from at least four (4) NOCs at the competition venue on the date of competition for the event to go ahead.

NOCs that withdraw their athletes or teams after the submission of the final Entries by Name and Team Sport Draw will face disciplinary action by the OCA EB.

9. Technical Officials

International Technical Officials (ITOs) in Track Cycling are called Commissaires. UCI Commissaires are licensed with their National Federation but their appointment at international events is decided by UCI.

For the Track Cycling competition, the UCI will appoint one International Commissaire who will chair the Commissaires’ Panel and the Asian Cycling Confederation is responsible for the appointment of the Technical Delegate and other Commissaires (International and National Technical Officials) in coordination and conjunction with the Organizing Committee.

In case of Track Cycling the Technical Official roles will include President and Secretary of the Commissaires’ Panel, Starter, Judge Referee, Finish Judge, Timekeepers, Commissaires operating bells and counting laps, bend Commissaires etc.

AF/IF has the right to appoint the Technical Delegate and ITOs in coordination and approval of the OCA. In case of violation of the IF/AF Rules and Games Rules and Regulations by any participants, the OCA has the right to revoke the AD Card and propose change of the person to the concerned party.

10. Pre-Competition Activities

10.1 PCP Briefing
Agenda: TBC
Date: Friday, September, 15
Time: 10.00-11.00
Venue: Press Conference Room, B1, Velodrome, Ashgabat Olympic Complex

10.2. Technical Meeting
Agenda: Confirmation of starters
Date: Sunday, September, 17
Time: 08.00-11.00
Location: IF Meeting Room, L2, Velodrome, Ashgabat Olympic Complex

10.3 Commissaires Meeting
Agenda: TBC
Date: Sunday, September, 17
Time: 10.00-11.00
Venue: Press Conference Room, B1, Velodrome, Ashgabat Olympic Complex
10.4. Team Managers Meeting

Agenda Items: General updates, license checks and confirmation of starters  
Date: Sunday, September, 17  
Time: 11.00-13.00  
Location: Press Conference Room, B1, Velodrome, Ashgabat Olympic Complex

11. Protests and Appeals

The procedure of protests and appeals shall be conducted in accordance with the UCI Regulations, in force during the Games time. All appeals related to the technical sides will be the responsibilities of the International and Asian Federations. Any Athlete/NOC can appeal to CAS, in case of an alleged violation of IF/AF Technical Rules or OCA Constitution which is not reversing a decision of the referee or result.

12. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in the competition must comply with rules and regulations of the OCA and UCI in force during the Games. Neither athletes nor technical officials can attach any form of commercial advertising to their uniform without prior agreement with OCA and AIMAG. Either one or two body numbers (depending on the event) in compliance with UCI regulations must be worn by all athletes.

13. Doping Control

The 5th Asian Indoor and Martial Arts Games will include a full anti-doping program. The anti-doping program will be run in accordance with the WADA International Standard for Testing and Investigation and following the Olympic Council of Asia Anti-Doping Rules. The program will include pre-competition and in-competition urine and blood testing. Athletes who wish to use a Prohibited Substance or a Prohibited Method in connection with the event and do not already have a Therapeutic Use Exemption (TUE) should apply to OCA TUE Committee (OCA TUEC) by 06 August 2017.

Where the athlete already has a TUE granted by his or her National Anti-Doping Organization or International Federation, he/she should apply to the OCA TUEC for recognition of that TUE.

14. Medal Ceremony

Gold, silver and bronze medals will be awarded to the athletes/teams ranked top three of each event respectively.

For Track Cycling, only the athlete and/or team who compete in the final will be eligible to be on the podium however any athlete that was involved in the qualification to the final will be awarded with a medal.

At least fifteen minutes before the Medal Ceremony starts, the medalists shall be required to report to the Medal Ceremony Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.
15. Media Interviews

Athletes and officials may take part in media interviews at various times throughout the Games. For athletes, this may take place in the mixed zone or at media conferences. Additional media interviews may take place, but these are generally arranged through the teams.
All athletes must pass through the mixed zone but are not obligated to provide interviews.

16. Sport Information

The major distribution point for Sports Information is the Sport Information Center (SIC) at the Village Plaza in the Athletes’ Village which provides clients with information relating specifically to training and competition for each of the 21 sports. The role of the Sport Information Center is to help the Sport Competition Management team communicate generic Games and Sport specific competition information to Chefs de Missions, Deputy Chef de Missions, and Team officials.

16.1 SIC Hours of operation

September 7 – 11: 08:00 – 20:00
September 12 – 29: 07:00 – 23:00
1. Ashgabat Olympic Stadium
Ashgabat 2017 Opening and Closing Ceremonies

2. Taekwondo and DanceSport Arena
Taekwondo, DanceSport

3. Billiard Arena
Billiard Sports

4. Martial Arts Arena
Ju Jitsu, Kurash, Sambo

5. Muaythai and Kickboxing Arena
Muaythai, Kickboxing

6. Weightlifting Arena
Weightlifting

7. Main Indoor Arena
Wrestling, Belt Wrestling, Traditional Wrestling

8. Aquatics Centre
Short course Swimming

9. Tennis Centre
Tennis

10. Velodrome
Track Cycling

11. 3x3 Basketball Arena
3x3 Basketball

12. Indoor Athletics Arena
Indoor Athletics

13. Bowling Centre
Bowling

14. Chess Centre
Chess

15. Multifunctional Sport Venue
Futsal

16. Equestrian Centre
Equestrian – Jumping

17. Athlete Village