4th Asian Beach Games

Phuket 2014

Thailand
Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.

KANOKPHAND CHULAKASEM
Secretary-General
Phuket Asian Beach Games Organizing Committee
Chairman, Sport Technical Committee
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Competition Manager
Eknarin Thammaraks
maxintco@csloxinfo.com
## Member Countries & Regions

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Quick Facts about Phuket

Introduction to Phuket

Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7'45" and 8'15" north latitude, and from 98'15" to 98'40" west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket's weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here

Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation

Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions

Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaew, the last remaining rain forest of the island.
**Nightlife Shopping & Dining**

Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket’s up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island’s entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it’s difficult to know where to start.

**Weather and Climate of Phuket**

Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).

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<td>Average high °C (°F)</td>
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<td>32.9 (91.2)</td>
<td>33.5 (92.3)</td>
<td>33.4 (92.1)</td>
<td>32.0 (89.6)</td>
<td>31.6 (88.9)</td>
<td>31.2 (88.2)</td>
<td>30.7 (87.3)</td>
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<td>28.7 (83.7)</td>
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<td>Precipitation mm (inches)</td>
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The emblem of the 4th Asian Beach Games was driven by Phuket’s very own beauty and by one of Phuket’s most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the ‘Pearl of the Andaman and the Southern Paradise’ where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.

“Sea turtle” is a symbol of endurance, fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle.

As sea turtle are amphiphius creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

The name Sintu (สินธุ์), Sakorn (สาكور์), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.
# Competition Program for the 4th Asian Beach Games 2014

14 - 23 November 2014 in Phuket, Thailand

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<td>26</td>
<td>Sport Climbing</td>
<td>ESC</td>
<td>2</td>
<td>4</td>
<td></td>
<td>4 4 4 12</td>
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</tr>
</tbody>
</table>

| No. | Closing Ceremony     |      |     |               |   |             |             |
|-----|                      |      |     |               |   |             |             |

Total: 168 | 168 | 242 | 578
4th ABG Competition Venues

PATONG NORTH 1
- Beach Wrestling
- Beach Kabaddi
- Petanque

PATONG NORTH 2
- Beach Sepaktakraw
- Foot Volley

PATONG NORTH 3
- Jetski Sport

PATONG CENTRAL BEACH
- Muaythai
- Kurash
- Ju-Jitsu

KARON NORTH 1
- Beach Waterpolo
- Body Building
- Beach Basketball
- Squash
- Marathon Swimming

KARON NORTH 2
- Beach Handball
- Sailing/Windsurfing

KARON CENTRAL BEACH
- Beach Volleyball
- Sambo

KARON SOUTH BEACH
- Woodball

NAIYANG
- Triathlon
- Beach Modern Pentathlon
- Beach Athletics

ANTHEM WAKE PARK
- Waterski (Cable Wakeskate)

BANGNEOW DAM
- Waterski

CHAOFA MINE
- Air Sport

SAPPHAN HIN 1
- Beach Soccer
- Beach Flag Football

SAPPHAN HIN 2
- Extreme Sport
- Sport Climbing
**Competition Technical Information**

<table>
<thead>
<tr>
<th>4th Asian Beach Games</th>
<th>SQUASH</th>
</tr>
</thead>
<tbody>
<tr>
<td>No.</td>
<td>Events</td>
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<tr>
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</tr>
<tr>
<td>1</td>
<td>Men Individual</td>
</tr>
<tr>
<td>2</td>
<td>Women Individual</td>
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</tbody>
</table>

Individual Events: Each NOC may enter maximum of two (2) players in each event.
The maximum draw size in each event will be 16 i.e. maximum of 32 participants (16 men and 16 women).
A maximum of 12 players in each event based on PSA/WSA ranking will be selected to participate in the event. The remaining 4 positions (or more if fewer than 12 ranked players enter) will be IF Wild Cards (one position for the host country). Seeding will be based upon the August 2014 PSA / WSA rankings.
NOCs that withdraw their athletes after the submission of the final entries by name will be faced with disciplinary action by the OCA EB.

**1. Date and Place**

1.1 Squash (SQ) competition for the 4th Asian Beach Games Phuket 2014 will be held in Phuket, Thailand from 11-16 November 2014.

**2. Competition Venue**

2.1 Squash (SQ) venue is located at Karon North Beach.

**3. Competition Management**

3.1 Technical Delegate: Cyrus Poncha

3.2 Competition Manager: Eknarin Thammaraks

**4. Competition Events**

The Squash (SQ) competition will consist of two (2) individual events i.e. one (1) category for men and one (1) category for women.
5. Competition Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>11.11.2014</td>
<td></td>
<td>Round 1 (half) 8 matches (4 men &amp; 4 women)</td>
</tr>
<tr>
<td>12.11.2014</td>
<td></td>
<td>Round 1 (half) 8 matches (4 men &amp; 4 women)</td>
</tr>
<tr>
<td>13.11.2014</td>
<td></td>
<td>Quarter finals 8 matches (4 men &amp; 4 women)</td>
</tr>
<tr>
<td>15.11.2014</td>
<td></td>
<td>Semi Finals 4 matches (2 men &amp; 2 women)</td>
</tr>
<tr>
<td>16.11.2014</td>
<td></td>
<td>Finals 2 matches (1 men &amp; 1 women)</td>
</tr>
</tbody>
</table>

6. Competition Rules

The Squash competition of the 4th Asian Beach Games shall be conducted in accordance with the World Squash Federation (WSF) Rules of Squash and the relevant Rules and Regulations, in force during the Games time.

Matches will however be a best of three games played to seven points; sudden death at 6/6.

In case of any disagreement in the language interpretation of the rules and regulations, the English version shall prevail. Any unforeseen cases not covered by the regulations and rules shall be resolved as follows:

General issues: Resolved in accordance with the OCA Constitution and Rules
Technical issues: Resolved in accordance with WSF and the Asian Squash Federation (ASF) Rules and Regulations.

7. Competition Format

Individual competitions will be conducted in a single elimination format.

8. Eligibility

- Only OCA member NOCs are entitled to send athletes to participate in the Squash competition of the 4th Asian Beach Games.

- Only athletes who comply with the OCA Constitution and Rules and its By-law and have an activated WSF SPIN registration (Squash Athlete Number) are entitled to participate in the Squash competition.

9. Sport Entries

9.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by PABGOC.
9.2 Deadline for Entry by Number Forms (Preliminary)

Each participating OCA member NOC must submit Entry by Number Forms to PABGOC by 24:00hrs Thailand local time (GMT +7) of 30 June, 2014. This form may be submitted by fax. Original form must be presented during the DRM. PABGOC’s detailed address, telephone and fax may be found on the entry form.

9.3 Deadline for Entry by Name Forms (Final)

The Entry by Name Forms must be received by PABGOC no later than 31 August 2014 at 24:00hrs Thailand local time (GMT +7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete’s full name.

NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.

9.4 Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

Sports Entries/4th ABG
c/o Tatchanart Tongprakob
Sports Directorate, Phuket Asian Beach Games Organizing Committee
13th Floor, SAT Building, 286 Ramkhamhaeng Road, Huamark, Bangkapi, Bangkok, Thailand 10240
Email: tatchanart.t@phuketthailand2014.com
Tel. No. +66 2186 7178  Fax No: +66 21867537

9.5 If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM).

10. Entry Policies

Individual Events: Each NOC may enter maximum of two (2) players in each event. The maximum draw size in each event will be 16 i.e. maximum of 32 participants (16 men and 16 women).

A maximum of 12 players in each event based on PSA/WSA ranking will be selected to participate in the event. The remaining 4 positions (or more if fewer than 12 ranked players enter) will be IF Wild Cards (one position for the host country). Seeding will be based upon the August 2014 PSA / WSA rankings.

NOCs that withdraw their athletes after the submission of the final entries by name will be faced with disciplinary action by the OCA EB.
11. Technical Officials

11.1 Technical Officials & Jury of Appeal

Technical officials shall be appointed by WSF.

The Jury of Appeal shall be appointed by ASF.

WSF and the Asian Squash Federation (ASF) has the right to appoint the Technical Delegate and ITOs in coordination and approval of OCA. In case of violation of the WSF and the Asian Squash Federation (ASF) Rules and Games Rules and Regulations by any participant, the OCA has the right to revoke the AD Card and propose change of the person to the concerned party.

12. Technical Meeting

- Date : TBD / Time and Place : TBD

13. Protests and Appeals

Protests and appeals shall be handled in accordance with the regulations and rules of ASF. All appeals related to the technical sides will be the responsibilities of the International and Asia Federations.

Any Athlete/NOC can appeal to CAS, in case he feels that there is violation of IF/AF Technical Rules or OCA Constitution, which is not related to reversing the decision of the referee or result.

14. Penalties in Case of Fraud

A competitor proven to have fraudulently transgressed the Rules and Regulations of the Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor’s member organization is proven to have been a party to the fraud, his/her NOC may be disqualified in the sport involved, by OCA decision.

15. Equipment and Clothing

Equipment used and clothing worn by athletes and other relevant participants in competition must comply with the rules and regulations of the OCA and WSF/Asian Squash Federation (ASF) in force. The clothing rule may be relaxed in consultation with the Technical Delegate, with beachwear being recommended.

Neither athletes nor technical officials can attach any form of commercial advertising to his or her competition uniform without prior agreement with OCA.

15. Doping Control

Doping Control during the 4th Asian Beach Games will be conducted in accordance with OCA Anti- Doping Rules applicable to the Asian Beach Games and will follow the standards and procedures under the World Anti-Doping programme.
15.1 PABGOC, in collaboration with the medical committee of the OCA will have in place the resources to assist in the investigation of any cases of disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the OCA.

15.2 Competitors who are chosen to be tested will be notified after the match or out competition. When notified, the competitors must proceed to the Doping Centre in due time for examination. The competitor must bring an AD/ID Card along for verification. Those who are notified but do not arrive in time at the centre will be treated as testing positive. Competitor must be either accompanied by team manager, coach or team doctor.

15. Victory Ceremony

Gold, silver and bronze medals will be awarded to the four (4) athletes ranked top three of each event respectively. Both losers of semifinals in the individual event will be ranked third receiving bronze medals.

Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

16. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when there are interview requests for them.

17. Sport Information Center (SIC)

All sport-specific information for Squash will be available at the sport information desks. They are located at the competition venue.

18. Approval of the Technical Handbook

This Technical Handbook was approved by Asian Squash Federation.

General Clause:
Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.
Celebrate Charming Sunshine