Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.

KANOKPHAND CHULAKASEM
Secretary-General
Phuket Asian Beach Games Organizing Committee
Chairman, Sport Technical Committee
Olympic Council of Asia

OCA EXECUTIVE BOARD

President
Sheikh Ahmad Al-Fahad Al-Sabah (Kuwait)

Vice Presidents
Maj. Gen. Charouck Arirachakaran (Thailand)
Mr. Timothy Fok Tsun Ting (Hong Kong, China)
Lt Gen. Syed Arif Hasan (Pakistan)
HE Sheikh Isa Bin Rashed Al Khalifa (Bahrain)
Mr. Temirkhan Dosmukhambetov (Kazakhstan)
Mr. Gofur-Arslonbek Rakhimov (Uzbekistan)
Mr. Hemasiri Fernando (Sri Lanka)
Mr. Mohammad Ali Abadi (Iran)
Mr. Tsunekazu Takeda (Japan)
Mr. Yu Zaiqing (China)
Prof. Dr. Hoang Vinh Giang (Vietnam)
Mr. Yong-Sung Park (Korea)
Mr. Sapardurdy Toylyyev (Turkmenistan)
Mr. Kanokhpand Chulakasem (Thailand)

Secretary General
Raja Randhir Singh (India)

Chairman of Information & Statistics Committee
Mr. Bahram Afsharzadeh (Iran)

Chairman of Rules Committee
Sheikh Talal Fahad Ahmad J Al-Sabah (Kuwait)

Chairwoman of Women Committee
Mrs. Natalya Sipovich (Kazakhstan)

Chairman of International Relations Committee
Mrs. Rita Sri Wahyusih Subowo (Indonesia)

Chairman of Advisory Committee
Mr. Ng Ser Miang (Singapore)

Chairman of Peace through Sport Committee
HRH Prince Faisal Bin Al-Hussein (Jordan)

Chairman of Medical Committee
Dr. Manikavasagam Jegathesan (Malaysia)

Chairman of Sports Environment Committee
Mr. Kyung-Sun Yu (Korea)

Chairman of Athletes Committee
Mrs. Yuko Arakida (Japan)

Chairman of Sports Committee
Mr. Zhang Jilong (China)

Chairman of Sports for All Committee
Brig Gen. Mowaffak Joumaa (Syria)

Chairman of Media Committee
Mr. Charles King Chiu Lo (Macau, China)

Chairman of Finance Committee
Mr. Kevin Kuo-l Chen (Chinese Taipei)

Chairman of Culture Committee
Mr. Mohammad Al-Kamali (United Arab Emirates)

Chairman of Education Committee
Dr. Rashed Hamed Al Heaiwel Al Sebaie (Saudi Arabia)

Chairman of Coordination Committee
Mr. Tsunekazu Takeda

Members
Mr. Manuel Silverio (Macau)
Gen. Souhail Khoury (Lebanon)
Mr. Habib Abdul Nabi Yousuf Macki (Oman)
Mr. Jose Cojuangco, Jr. (Philippines)
HRH Prince Haji Sufri Bolkiah (Brunei Darussalam)

Director General & Technical Director
Mr. Husain Al-Musallam (Kuwait)

OCA Contact Information
Address
PO Box 6706, Hawalli 32042, Kuwait
Tele
(+965) 25734972
Fax
(+965) 25734973
Email
info@ocasia.org
Website
www.ocasia.org
Phuket Asian Beach Games Organizing Committee

Chairman of High Committee  Ms. Yingluck Shinawatra  
Prime Minister of The Kingdom of Thailand  
Chairman - Board of Directors of the 4th Asian Beach Games 2014

High Committee Members  Mr. Somsak Pureesrisak  
Minister of Tourism and Sports of Thailand  
Chairman - Organizing Committee

Mr. Kanokphand Chulakasem  
Governor of Sports Authority of Thailand  
Chairman - Secretariat Office  
Chairman - Sports Technical Committee

Pol.Gen. Adul Saengsingkaew  
Police Commissioner - General  
Chairman - Security and Traffic Committee

Mr. Somsak Chotrattanasiri  
Director of Bureau of the Budget  
Chairman - Budgeting & Privileges Committee

Mr. Mitri Intusut  
Governor of Phuket  
Chairman - Accommodation, Transportation and Protocol Committee

Mr. Thawatchai Arunyik  
Governor of Tourism Authority of Thailand  
Chairman - Public Relations Committee

Mr. Narong Sahametapat, M.D.  
Permanent Secretary of Ministry of Public Health  
Chairman - Medical and Doping Control Committee

Maj. Gen Charouck Arirachakaran  
Vice President & Secretary General of NOCT.  
Chairman - Protocol and Ceremony Committee
Sport Federation

International Federation of Sports Climbing (IFSC)

President    Marco Scolarisi
Vice President Helmut Knabl
Secretary General Debra Gawrych
Address      Corso Francesco Ferrucci 122, 10141, Torino, ITALY
Tel.            +39 011 385 39 95
Fax.           +39 011 412 17 73
Email administration@ifsc-climbing.org
Website       http://www.ifsc-climbing.org

Asian Council of Sport Climbing (IFSC ACC)

President    Anthony Seah (SIN)
Vice-president-South east Asia Parkpoom Ratanarojanakool (THA)
Vice-president-East Asia Kobinata Toru (JPN)
Vice-president-West Asia Mohammad Fahimi (IRI)
Vice-president-Central Asia Baglan Zhunus (KAZ)
Vice-president-South Asia Abu Zafar Sadiz (PAK)
Vice-president-Treasurer Kim Jaewook (KOR)
Secretary General Ding xianghua (CHN)
Sports Department/Member Francis Lo (HKG)
Sports Department/Member Weichi Huang (TPE)
Sports Department/Member Babak Zianamin (IRI)
Address      81 Carlisle Road #12-02 Singapore, 219647
Tel            +65 9699 3357
Fax            +65 6298 9303
Email anthonyseah@mac.com

The Sports Climbing Association of Thailand (SCAT)

President    Chamlong Chimkhai
Secretary General Taweesak Penpayoon
Address      room 260 zone w6 Ratchamangklala Nat.,Stra. Sports Authority of Thailand
286 Ramkhamheang rd. Haumark Bangkapi
Bangkok 10240, Thailand
Tel.           02-300-6058
Fax.          02-300-6058
Email cham-long@windowslive.com
Website www.scat-thai.org
## Technical Officials

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>Technical Delegate</td>
<td>Mr. Anthony SEAH</td>
<td><a href="mailto:anthonyseah@mac.com">anthonyseah@mac.com</a></td>
</tr>
<tr>
<td>Jury President (Director of Operations)</td>
<td>Francis Lo</td>
<td><a href="mailto:fsclo@yahoo.cam.hk">fsclo@yahoo.cam.hk</a></td>
</tr>
<tr>
<td>IFSC Judge (Director of Sports)</td>
<td>Stanley Yeo</td>
<td><a href="mailto:gravicat@mai.com">gravicat@mai.com</a></td>
</tr>
<tr>
<td>Chief Route Setter (Sports Competition Manager)</td>
<td>Cai Lu Yuan (confirm later)</td>
<td><a href="mailto:cmacai@163.com">cmacai@163.com</a></td>
</tr>
<tr>
<td>Director of Operations</td>
<td>Ramon Suzara</td>
<td><a href="mailto:ramon@phuketthailand2014.com">ramon@phuketthailand2014.com</a></td>
</tr>
<tr>
<td>Director of Sports</td>
<td>Mr. Nattavuth Ruengves</td>
<td><a href="mailto:nattavuth.r@phuketthailand2014.com">nattavuth.r@phuketthailand2014.com</a></td>
</tr>
<tr>
<td>Deputy Cluster Director (Sports &amp; Venues)</td>
<td>Ginio Panganiban</td>
<td><a href="mailto:ginio11160@gmail.com">ginio11160@gmail.com</a></td>
</tr>
<tr>
<td>Sports Manager</td>
<td>Flt. Lt. Usanee Wongsalangkarn</td>
<td><a href="mailto:usanee@phuketthailand2014.com">usanee@phuketthailand2014.com</a></td>
</tr>
<tr>
<td>Competition Manager</td>
<td>Mr.Kraisak Boontip</td>
<td><a href="mailto:Kraisaktomas@gmail.com">Kraisaktomas@gmail.com</a></td>
</tr>
<tr>
<td>-----</td>
<td>-------------------------</td>
<td>--------------</td>
</tr>
<tr>
<td>1</td>
<td>Afghanistan</td>
<td>AFG</td>
</tr>
<tr>
<td>2</td>
<td>Bahrain</td>
<td>BRN</td>
</tr>
<tr>
<td>3</td>
<td>Bangladesh</td>
<td>BAN</td>
</tr>
<tr>
<td>4</td>
<td>Bhutan</td>
<td>BHU</td>
</tr>
<tr>
<td>5</td>
<td>Brunei Darussalam</td>
<td>BRU</td>
</tr>
<tr>
<td>6</td>
<td>Cambodia</td>
<td>CAM</td>
</tr>
<tr>
<td>7</td>
<td>China</td>
<td>CHN</td>
</tr>
<tr>
<td>8</td>
<td>D.P.R. Korea</td>
<td>PRK</td>
</tr>
<tr>
<td>9</td>
<td>Hong Kong, China</td>
<td>HKG</td>
</tr>
<tr>
<td>10</td>
<td>India</td>
<td>IND</td>
</tr>
<tr>
<td>11</td>
<td>Indonesia</td>
<td>INA</td>
</tr>
<tr>
<td>12</td>
<td>Iran</td>
<td>IRI</td>
</tr>
<tr>
<td>13</td>
<td>Iraq</td>
<td>IRQ</td>
</tr>
<tr>
<td>14</td>
<td>Japan</td>
<td>JPN</td>
</tr>
<tr>
<td>15</td>
<td>Jordan</td>
<td>JOR</td>
</tr>
<tr>
<td>16</td>
<td>Kazakhstan</td>
<td>KAZ</td>
</tr>
<tr>
<td>17</td>
<td>Korea</td>
<td>KOR</td>
</tr>
<tr>
<td>18</td>
<td>Kuwait</td>
<td>KUW</td>
</tr>
<tr>
<td>19</td>
<td>Kyrgyzstan</td>
<td>KGZ</td>
</tr>
<tr>
<td>20</td>
<td>Laos</td>
<td>LAO</td>
</tr>
<tr>
<td>21</td>
<td>Lebanon</td>
<td>LIB</td>
</tr>
<tr>
<td>22</td>
<td>Macau, China</td>
<td>MAC</td>
</tr>
<tr>
<td>23</td>
<td>Malaysia</td>
<td>MAS</td>
</tr>
<tr>
<td>24</td>
<td>Maldives</td>
<td>MDV</td>
</tr>
<tr>
<td>25</td>
<td>Mongolia</td>
<td>MGL</td>
</tr>
<tr>
<td>26</td>
<td>Myanmar</td>
<td>MYA</td>
</tr>
<tr>
<td>27</td>
<td>Nepal</td>
<td>NEP</td>
</tr>
<tr>
<td>28</td>
<td>Oman</td>
<td>OMA</td>
</tr>
<tr>
<td>29</td>
<td>Pakistan</td>
<td>PAK</td>
</tr>
<tr>
<td>30</td>
<td>Palestine</td>
<td>PLE</td>
</tr>
<tr>
<td>31</td>
<td>Philippines</td>
<td>PHI</td>
</tr>
<tr>
<td>32</td>
<td>Qatar</td>
<td>QAT</td>
</tr>
<tr>
<td>33</td>
<td>Saudi Arabia</td>
<td>KSA</td>
</tr>
<tr>
<td>34</td>
<td>Singapore</td>
<td>SIN</td>
</tr>
<tr>
<td>35</td>
<td>Sri Lanka</td>
<td>SRI</td>
</tr>
<tr>
<td>36</td>
<td>Syria</td>
<td>SYR</td>
</tr>
<tr>
<td>37</td>
<td>Chinese Taipei</td>
<td>TPE</td>
</tr>
<tr>
<td>38</td>
<td>Tajikistan</td>
<td>TJK</td>
</tr>
<tr>
<td>39</td>
<td>Thailand</td>
<td>THA</td>
</tr>
<tr>
<td>40</td>
<td>Timor-Leste</td>
<td>TLS</td>
</tr>
<tr>
<td>41</td>
<td>Turkmenistan</td>
<td>TKM</td>
</tr>
<tr>
<td>42</td>
<td>United Arab Emirates</td>
<td>UAE</td>
</tr>
<tr>
<td>43</td>
<td>Uzbekistan</td>
<td>UZB</td>
</tr>
<tr>
<td>44</td>
<td>Vietnam</td>
<td>VIE</td>
</tr>
<tr>
<td>45</td>
<td>Yemen</td>
<td>YEM</td>
</tr>
</tbody>
</table>
Quick Facts about Phuket

Introduction to Phuket
Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7°45' and 8°15' north latitude, and from 98°15' to 98°40' west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket's weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here
Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation
Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions
Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaew, the last remaining rain forest of the island.
Nightlife Shopping & Dining
Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket's up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island's entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it’s difficult to know where to start.

Weather and Climate of Phuket
Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).

<table>
<thead>
<tr>
<th>Month</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average high °C (°F)</td>
<td>31.8 (89.2)</td>
<td>32.9 (91.2)</td>
<td>33.5 (92.3)</td>
<td>33.4 (92.1)</td>
<td>32.0 (89.6)</td>
<td>31.6 (88.9)</td>
<td>31.2 (88.2)</td>
<td>31.2 (88.2)</td>
<td>30.7 (87.3)</td>
<td>30.9 (87.6)</td>
<td>31.0 (87.8)</td>
<td>31.2 (88.2)</td>
<td>31.8 (89.2)</td>
</tr>
<tr>
<td>Daily mean °C (°F)</td>
<td>27.9 (82.2)</td>
<td>28.7 (83.7)</td>
<td>29.3 (84.7)</td>
<td>29.5 (85.1)</td>
<td>28.4 (83.1)</td>
<td>28.3 (82.9)</td>
<td>27.8 (82.0)</td>
<td>27.9 (82.2)</td>
<td>27.3 (81.1)</td>
<td>27.4 (81.3)</td>
<td>27.5 (81.5)</td>
<td>27.6 (81.7)</td>
<td>28.1 (82.6)</td>
</tr>
<tr>
<td>Average low °C (°F)</td>
<td>23.3 (73.9)</td>
<td>23.7 (74.7)</td>
<td>24.3 (75.7)</td>
<td>24.8 (76.6)</td>
<td>24.5 (76.1)</td>
<td>24.5 (76.1)</td>
<td>24.2 (75.6)</td>
<td>24.4 (75.9)</td>
<td>23.9 (75.0)</td>
<td>23.8 (74.8)</td>
<td>23.8 (74.8)</td>
<td>23.7 (74.7)</td>
<td>24.1 (75.4)</td>
</tr>
<tr>
<td>Precipitation mm (inches)</td>
<td>29.8 (1.17)</td>
<td>20.9 (0.82)</td>
<td>49.1 (1.93)</td>
<td>121.9 (4.79)</td>
<td>319.4 (12.57)</td>
<td>268.9 (10.58)</td>
<td>290.5 (11.43)</td>
<td>272.6 (10.73)</td>
<td>399.0 (15.70)</td>
<td>309.6 (12.18)</td>
<td>175.7 (6.91)</td>
<td>59.4 (2.33)</td>
<td>2,316.8 (91.21)</td>
</tr>
<tr>
<td>Avg. rainy days</td>
<td>4</td>
<td>3</td>
<td>5</td>
<td>11</td>
<td>21</td>
<td>19</td>
<td>19</td>
<td>19</td>
<td>23</td>
<td>22</td>
<td>16</td>
<td>8</td>
<td>170</td>
</tr>
<tr>
<td>Mean monthly sunshine hours</td>
<td>286.2</td>
<td>271.5</td>
<td>282.3</td>
<td>247.9</td>
<td>188.5</td>
<td>139.5</td>
<td>172.6</td>
<td>174.1</td>
<td>143.2</td>
<td>179.8</td>
<td>197.1</td>
<td>244.3</td>
<td>2,527.0</td>
</tr>
</tbody>
</table>
The emblem of the 4th Asian Beach Games was driven by Phuket’s very own beauty and by one of Phuket’s most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the Peal of the Andaman and the Southern Paradise” where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.

“Sea turtle” is a symbol of endurance fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle.

As sea turtle are amphibious creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

The name Sintu (สินธุ์), Sakorn (สาคร), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.
### Competition Program for the 4th Asian Beach Games 2014
**14 - 23 November 2014 in Phuket, Thailand**

<table>
<thead>
<tr>
<th>No.</th>
<th>Sports</th>
<th>Code</th>
<th>Day</th>
<th>No. of Events</th>
<th>November</th>
<th>Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Opening Ceremony</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1</td>
<td><strong>Air Sport</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Paragliding</td>
<td>APG</td>
<td>7</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Power Paragliding</td>
<td>APP</td>
<td>7</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>2</td>
<td><strong>Aquatics</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Beach Water Polo</td>
<td>ABW</td>
<td>5</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td></td>
<td>Marathon Swimming</td>
<td>AMS</td>
<td>2</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>3</td>
<td><strong>Beach Handball</strong></td>
<td>HSH</td>
<td>8</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>4</td>
<td>Sambo</td>
<td>SB</td>
<td>2</td>
<td>7</td>
<td>7</td>
<td>7</td>
</tr>
<tr>
<td>5</td>
<td><strong>Beach Volleyball</strong></td>
<td>VBB</td>
<td>8</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>6</td>
<td>Woodball</td>
<td>WO</td>
<td>6</td>
<td>8</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>7</td>
<td><strong>Beach Basketball</strong></td>
<td>BBK</td>
<td>4</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>8</td>
<td><strong>Bodybuilding</strong></td>
<td>BO</td>
<td>2</td>
<td>6</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>9</td>
<td><strong>Sailing</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Sailing</td>
<td>SA</td>
<td>4</td>
<td>5</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>Windsurfing</td>
<td>SWS</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>10</td>
<td><strong>Squash</strong></td>
<td>SQ</td>
<td>5</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>11</td>
<td><strong>Patong Beach</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Beach Kabaddi</td>
<td>KAB</td>
<td>4</td>
<td>2</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>12</td>
<td>Beach Wrestling</td>
<td>BWR</td>
<td>4</td>
<td>6</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>13</td>
<td>Ju-Jitsu</td>
<td>JJ</td>
<td>2</td>
<td>12</td>
<td>12</td>
<td>12</td>
</tr>
<tr>
<td>14</td>
<td>Kurash</td>
<td>KU</td>
<td>3</td>
<td>8</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>15</td>
<td>Muaythai</td>
<td>MY</td>
<td>6</td>
<td>16</td>
<td>16</td>
<td>16</td>
</tr>
<tr>
<td>16</td>
<td>Petanque</td>
<td>PQ</td>
<td>6</td>
<td>9</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>17</td>
<td>Beach Sepak takraw</td>
<td>SBS</td>
<td>8</td>
<td>6</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>18</td>
<td>Foot Volley</td>
<td>PV</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>19</td>
<td><strong>Jetski Sport</strong></td>
<td>JS</td>
<td>3</td>
<td>6</td>
<td>6</td>
<td>6</td>
</tr>
<tr>
<td>20</td>
<td><strong>Nai Yang Beach</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Beach Modern Pentathlon</td>
<td>BMP</td>
<td>3</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>21</td>
<td>Triathlon</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Duathlon</td>
<td>TRD</td>
<td>1</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Triathlon</td>
<td>TRD</td>
<td>1</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>22</td>
<td><strong>Beach Athletics</strong></td>
<td>BAT</td>
<td>4</td>
<td>13</td>
<td>13</td>
<td>13</td>
</tr>
<tr>
<td></td>
<td><strong>Bangneow Dam/Anthem Wake Park</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Waterski</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Waterski/Wakeboard</td>
<td>WSW</td>
<td>4</td>
<td>8</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>Cable Wakeboard/Wakeskate</td>
<td>WSH</td>
<td>3</td>
<td>5</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>24</td>
<td><strong>Sapthai Sport Center</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td>Beach Flag Football</td>
<td>BFF</td>
<td>3</td>
<td>1</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>26</td>
<td><strong>Extreme Sports</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Inline Stunt</td>
<td>BS</td>
<td>4</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>Skateboard</td>
<td>EXS</td>
<td>4</td>
<td>3</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>BMX Freestyle</td>
<td>EXF</td>
<td>4</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>Sport Climbing</td>
<td>ESC</td>
<td>2</td>
<td>4</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td><strong>Closing Ceremony</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>No.</th>
<th>Sports</th>
<th>Code</th>
<th>Day</th>
<th>No. of Events</th>
<th>November</th>
<th>Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Total</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL:** 168 168 242 578
4th ABG Competition Venues

PATONG NORTH 1
- Beach Wrestling
- Beach Kabaddi
- Petanque

PATONG NORTH 2
- Beach Sepak Takraw
- Foot Volley

PATONG NORTH 3
- Jetski Sport

PATONG CENTRAL BEACH
- Muaythai
- Kurash
- Ju-Jitsu

KARON NORTH 1
- Beach Waterpolo
- Body Building
- Beach Basketball
- Squash
- Marathon Swimming

KARON NORTH 2
- Beach Handball
- Sailing/Windsurfing

KARON CENTRAL BEACH
- Beach Volleyball
- Sambo

KARON SOUTH BEACH
- Woodball

NAIYANG
- Triathlon
- Beach Modern Pentathlon
- Beach Athletics

ANTHEM WAKE PARK
- Waterski (Cable Wakeskate)

BANGNEOW DAM
- Waterski

CHAOFA MINE
- Air Sport

SAPHAN HIN 1
- Beach Soccer
- Beach Flag Football

SAPHAN HIN 2
- Extreme Sport
- Sport Climbing
Technical Delegate Profile

Anthony SEAH is the President of the IFSC-ACC (ASIA CONTINENTAL COUNCIL). His experience includes being the Jury President and Technical Delegate of IFSC World Cups, and Technical Delegate of 1st and 2nd Asia Indoor Games and the World Games 2009 Kaohsiung. He is also the Vice President of the Singapore Mountaineering Federation.
**Competition Technical Information**

<table>
<thead>
<tr>
<th>No.</th>
<th>Events</th>
<th>Number of Athletes</th>
<th>Maximum Number of Athletes</th>
<th>No. of Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Men’s Individual Speed (WR)</td>
<td>2</td>
<td>2</td>
<td>1 1 1 3</td>
</tr>
<tr>
<td>2</td>
<td>Women’s Individual Speed (WR)</td>
<td>2</td>
<td>2</td>
<td>1 1 1 3</td>
</tr>
<tr>
<td>3</td>
<td>Men’s Team Speed Relay (FS)</td>
<td>3</td>
<td>3/Team</td>
<td>1 1 1 3</td>
</tr>
<tr>
<td>4</td>
<td>Women’s Team Speed Relay (FS)</td>
<td>3</td>
<td>3/Team</td>
<td>1 1 1 3</td>
</tr>
</tbody>
</table>

Maximum Number of Athletes for each National Olympic Committee : 10

**** 1. WR = World Record, 2. FS = Free Style

1. **Date and Place**
   Sports Climbing (ESC) competition for the 4th Asian Beach Games Phuket 2014 will be held in Phuket, Thailand from 21 - 22 November 2014 at Saphan Hin Sport Center.

2. **Competition Venue**
   Sports Climbing (ESC) Venue is located at Saphan Hin Sport Center.

3. **Events**
   Sports Climbing (ESC) competition will comprise of 4 Events
   - Men: Individual Speed, Team Speed Relay
   - Women: Individual Speed, Team Speed Relay

4. **Competition Schedule**
   - **18 November 2014**
     All Day: Team Officials arrive in Phuket Thailand.
   - **19 November 2014**
     10.00 a.m.: Coach, Manager, Technical Meetings.
     19.00 p.m.: Welcome SCAT
   - **20 November 2014**
     07.00-10.00 a.m.: Practice I WR/FS
     15.00-18.00 p.m.: Practice I WR/FS
   - **21 November 2014**
     08.00-10.00 a.m.: Qualification WR M/W
     16.00-17.30 p.m.: Final WR M/W
     17.30-18.00 a.m.: Award
   - **22 November 2014**
     08.00-10.00 a.m.: Qualification Team FS M/W
     16.00-17.30 p.m.: Final Team FS M/W
     17.30-18.00 a.m.: Award
5. Eligibility

5.1 The 4th Asian Beach Games Sport climbing Competitions is reserved for athletes representing the OCA member National Olympic Committee.

5.2 Only competitors who comply with the conditions laid down in the OCA Constitution and the IFSC Rules are entitled to participate.

5.3 The athletes should conform to the regulations stipulated in OCA Constitution on participation qualification.

5.4 The number of officials of each delegation should conform to the regulation stipulated in the Chef de Mission Manual for the 4th Asian Beach Games.

6. Entries

6.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by PABGOC.

6.2 Deadline for Entry by Number Forms (Preliminary)

Each participating OCA member NOC must submit Entry by Number Forms to PABGOC by 24.00hrs Thailand local time (GMT +7) by 30 June 2014. This form may be submitted by fax. Original form must be presented during the DRM. PABGOC’s detailed address, telephone and fax may be found on the entry form.

6.3 Deadline for Entry by Name Forms (Final)

The Entry by Name Forms must be received by PABGOC no later than 31 August 2014 at 24.00hrs Thailand local time (GMT +7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete’s full name.

NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.

6.4 Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

Sports Entries/4th ABG  
c/o Tatchanart Tongprakob  
Sports Directorate, Phuket Asian Beach Games Organizing Committee  
13th Floor, SAT Building, 286 Ramkhamhaeng Road, Huamark, Bangkapi, Bangkok, Thailand 10240  
Email: tatchanart.t@phuketthailand2014.com  
Tel. No. +66 2186 7178 Fax No: +66 2186753

6.5 If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM)

6.6 Any late entries will be decided by OCA for acceptance or rejection.
7. Technical Meetings
Technical Official Meeting will be convened on November 19, 2014 or 1 day before competition.

8. General Rules and Regulations

8-1 Competition Rules
Sport Climbing competitions will follow the prevalent International Federation of Sport Climbing Competition Rules of Sport Climbing as well as other regulations and competition rules. If dispute arises from the understanding about the Rules of different versions, the English version shall prevail. In the case of unforeseeable problems not stipulated in the Rules, corresponding measures should be adopted in accordance with the Constitution of Olympic Council of Asia (OCA) as well as the rules and regulations stipulated by International Federation of Sport Climbing.

8-2 Competition System
Competitions will be arranged according to the total number of participating teams.

8-3 Competition Order
Competition order of all events will be made up in accordance with the regulations of International Federation of Sport Climbing, and be published in the website of International Federation of Sport Climbing.

9. Technical Officials
Technical delegate and main technical officials have to be recognized by Olympic Council of Asia (OCA), International Federation of Sport Climbing and Asian Council of Sport Climbing and dispatched by Asian Council of Sport Climbing. Other technical officials and competition officials should be dispatched by the 4th Asian Beach Games Organizing Committee. OCA, with justified reason, may propose to IFSC ACC some changes of international technical official.

10. Protests and Appeals
All Protests or appeals about the technical aspects of competitions should be handled in accordance with the rules stipulated by International Federation of Sport Climbing. The participating NOC has the right to appeal to CAS against the decision of IFSC ACC.

11. Dress Codes
The apparatus and clothes of the Sport climbing athletes and other relevant personnel should conform to the regulations stipulated by International Federation of Sport Climbing.

12. Sports Equipment
Equipment and facilities will be in accordance with the regulations and specifications set by Asian Council of Sport Climbing.

13. Penalties in Case of Fraud
The athletes who are proved to commit fraudulence or violate prevalent competition rules will be disqualified from participating in the competition, with all ranks and results achieved nullified. If this competitor's member organization is proven to have committed fraudulence, the nation or the region may be disqualified in the sport involved, by decision of the OCA.
14. Doping Control/Gender Verification

Doping Control
Doping control will be carried out in line with the procedures stipulated by World Anti-doping Agency under the regulations of Medical Committee of Olympic Council of Asia (OCA) during the 4th Asian Beach Games.

Gender Test
Gender test may be carried out in accordance with OCA Constitution and Rules.

Competitors who are chosen to be tested will be notified after the event or out competition, when notified, the competitors must proceed to the Doping Centre in due time for examination. The competitor must bring an AD/ID Card along for verification. Those who are notified but do not arrive in time at the center will be treated as testing positive. Competitor must be accompanied either by team manager, coach or team doctor.

15. Victory Ceremonies
The ceremony will be in Thai and English. Medals, flowers and mascot bearers will enter the field-of-play and take position. Players will be escorted to the podium. The medals will be presented by the OCA President or his representative or by the Asian Council of Sport Climbing representative. The national anthem of the gold medalist will be played and the flag of the winners will be hoisted. Winners must wear their NOC official sport uniform.

16. Media Interviews
Competitors should go through the mixed-zone after their contest whenever there is a mixed-zone set up. Competitors will be invited to attend press conferences/interviews when requested.

17. Approval of the Technical Handbook
This Technical Handbook was approved by Asian Council of Sport Climbing

General Clause:
Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.
PHUKET 2014
Thailand

PHUKET 2014
Thailand
Celebrate Charming Sunshine