4th ASIAN BEACH GAMES

PHUKET 2014
Thailand
Message from the Secretary-General

On behalf of the Phuket Asian Beach Games Organizing Committee (PABGOC), it is an honor for me to welcome you to the 4th Asian Beach Games to be held from November 14 to 23, 2014, in Phuket, Thailand.

Each edition is a testament that the Olympic Council of Asia, together with the Host Cities, have planned and worked hard to make the Asian Beach Games what it is right now – an exemplary Games platform across continents that mixes the elements of fun and intense competition. The fourth edition is bigger and better – a total of 32 disciplines in 23 Sports – which raises the bar for more individuals, teams and delegates to take part in the Asian Beach Games.

PABGOC is more than eager to welcome all participants to the pristine beaches of Phuket. The event definitely promises a perfect setting for the high-level of competition with a magnificent view of the island as the main backdrop.

Our Sports Technical Committee has prepared this Technical Handbook to set the guidelines and regulations pertaining to the sports competition program for the 4th Asian Beach Games. This handbook will serve as a guide to all participants of the fourth edition of the Asian Beach Games that covers the pertinent information about the Games and the technical aspect for each sport.

We wish everyone a productive endeavor in preparation for the 4th Asian Beach Games.

KANOKPHAND CHULAKASEM
Secretary-General
Phuket Asian Beach Games Organizing Committee
Chairman, Sport Technical Committee
OCA EXECUTIVE BOARD

President
Sheikh Ahmad Al-Fahad Al-Sabah (Kuwait)

Vice Presidents
Maj. Gen. Charouck Arirachakaran (Thailand)
Mr. Timothy Fok Tsun Ting (Hong Kong, China)
Lt Gen. Syed Arif Hasan (Pakistan)
HE Sheikh Isa Bin Rashed Al Khalifa (Bahrain)
Mr. Temirkhan Dosmukhambetov (Kazakhstan)
Mr. Gofur-Arslonbek Rakhimov (Uzbekistan)
Mr. Hemasiri Fernando (Sri Lanka)
Mr. Mohammad Ali Abadi (Iran)
Mr. Tsunekazu Takeda (Japan)
Mr. Yu Zaiqing (China)
Prof. Dr. Hoang Vinh Giang (Vietnam)
Mr. Yong-Sung Park (Korea)
Mr. Sapardurdy Tojlyyev (Turkmenistan)
Mr. Kanokhpand Chulakasem (Thailand)

Secretary General
Raja Randhir Singh (India)

Chairman of Information & Statistics Committee
Mr. Bahram Afsharzadeh (Iran)

Chairman of Rules Committee
Sheikh Talal Fahad Ahmad J Al-Sabah (Kuwait)

Chairwoman of Women Committee
Mrs. Natalya Sipovich (Kazakhstan)

Chairman of International Relations Committee
Mrs. Rita Sri Wahyusih Subowo (Indonesia)

Chairman of Advisory Committee
Mr. Ng Ser Miang (Singapore)

Chairman of Peace through Sport Committee
HRH Prince Faisal Bin Al-Hussein (Jordan)

Chairman of Medical Committee
Dr. Manikavasagam Jegathesan (Malaysia)

Chairman of Sports Environment Committee
Mr. Kyung-Sun Yu (Korea)

Chairman of Athletes Committee
Mrs. Yuko Arakida (Japan)

Chairman of Sports Committee
Mr. Zhang Jilong (China)

Chairman of Sports for All Committee
Brig Gen. Mowaffak Joumaa (Syria)

Chairman of Media Committee
Mr. Charles King Chiu Lo (Macau, China)

Chairman of Finance Committee
Mr. Kevin Kuo-I Chen (Chinese Taipei)

Chairman of Culture Committee
Mr. Mohammad Al-Kamali (United Arab Emirates)

Chairman of Education Committee
Dr. Rashed Hamed Al Heaiwel Al Sebaie (Saudi Arabia)

Chairman of Coordination Committee
Mr. Tsunekazu Takeda

Members
Mr. Manuel Silverio (Macau)
Gen. Souhail Khoury (Lebanon)
Mr. Habib Abdul Nabi Yousuf Macki (Oman)
Mr. Jose Cojuangco, Jr. (Philippines)
HRH Prince Haji Sufri Bolkiah (Brunei Darussalam)

Director General & Technical Director
Mr. Husain Al-Musallam (Kuwait)

OCA Contact Information
Address
PO Box 6706, Hawalli 32042, Kuwait
Tele
(+965) 25734972
Fax
(+965) 25734973
Email
info@ocasia.org
Website
www.ocasia.org
Phuket Asian Beach Games Organizing Committee

Chairman of High Committee
Ms. Yingluck Shinawatra
Prime Minister of The Kingdom of Thailand
Chairman - Board of Directors of the 4th Asian Beach Games 2014

High Committee Members
Mr. Somsak Pureesrisak
Minister of Tourism and Sports of Thailand
Chairman - Organizing Committee

Mr. Kanokphand Chulakasem
Governor of Sports Authority of Thailand
Chairman - Secretariat Office
Chairman - Sports Technical Committee

Pol.Gen. Adul Saengsingkaew
Police Commissioner - General
Chairman - Security and Traffic Committee

Mr. Somsak Chotrattanasiri
Director of Bureau of the Budget
Chairman - Budgeting & Privileges Committee

Mr. Mitri Intusut
Governor of Phuket
Chairman - Accommodation, Transportation and Protocol Committee

Mr. Thawatchai Arunyik
Governor of Tourism Authority of Thailand
Chairman - Public Relations Committee

Mr. Narong Sahametapat, M.D.
Permanent Secretary of Ministry of Public Health
Chairman - Medical and Doping Control Committee

Maj. Gen Charouck Arirachakaran
Vice President & Secretary General of NOCT.
Chairman - Protocol and Ceremony Committee
Sport Federation

**Asia Swimming Federation**
President: Sheikh Khaled Bader Mohammad AL SABAH
Address: P.O.Box: 743 Muttrah, P.C: 114 Muscat, Sultanate of Oman
Tel.: +968 24496161
Fax.: +968 24490660
Email: aasf@omantel.net.om
Website: www.asiaswimmingfederation.org

**Thailand Swimming Association (T.A.S.A.)**
President: Mr. Norkhun Sittipong
Address: Sport Authority of Thailand Room 224 286 Ramkhamhaeng Road Huamark Bang Kapi Bangkok 10240
Tel.: 0-2369-3680
Fax.: 0-2369-3681
Email: tsa.org@tasa.in.th, thailandswimming@tasa.in.th
Website: www.tasa.in.th
Technical Officials

Technical Delegate (Beach Water Polo)  Mr. Khosrow Amini  
Email khosrowamini@gmail.com

Technical Delegate (Marathon Swimming)  Mr. Ronnie Wong  
Email rmcwong1@yahoo.com.hk

Director of Operations  Ramon Suzara  
Email ramon@phuketthailand2014.com

Director of Sports  Mr. Nattavuth Ruengves  
Email nattavuth.r@phuketthailand2014.com

Deputy Cluster Director (Sports & Venues)  Ginio Panganiban  
Email ginio11160@gmail.com

Sports Competition Manager  Flt.Lt. Usanee Wongsalangkarn  
Email usanee@phuketthailand2014.com

Competition Manager (Beach Water Polo)  Mr.Nopdol Luengnimitmas  
Email thailandswimming@tasa.in.th

Competition Manager (Marathon Swimming)  Maj.Gen Tanon Saengnak  
Email thailandswimming@tasa.in.th
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Afghanistan</td>
<td>AFG</td>
<td>SA</td>
</tr>
<tr>
<td>2</td>
<td>Bahrain</td>
<td>BRN</td>
<td>WA</td>
</tr>
<tr>
<td>3</td>
<td>Bangladesh</td>
<td>BAN</td>
<td>SA</td>
</tr>
<tr>
<td>4</td>
<td>Bhutan</td>
<td>BHU</td>
<td>SA</td>
</tr>
<tr>
<td>5</td>
<td>Brunei Darussalam</td>
<td>BRU</td>
<td>SEA</td>
</tr>
<tr>
<td>6</td>
<td>Cambodia</td>
<td>CAM</td>
<td>SEA</td>
</tr>
<tr>
<td>7</td>
<td>China</td>
<td>CHN</td>
<td>EA</td>
</tr>
<tr>
<td>8</td>
<td>D.P.R. Korea</td>
<td>PRK</td>
<td>EA</td>
</tr>
<tr>
<td>9</td>
<td>Hong Kong, China</td>
<td>HKG</td>
<td>EA</td>
</tr>
<tr>
<td>10</td>
<td>India</td>
<td>IND</td>
<td>SA</td>
</tr>
<tr>
<td>11</td>
<td>Indonesia</td>
<td>INA</td>
<td>SEA</td>
</tr>
<tr>
<td>12</td>
<td>Iran</td>
<td>IRI</td>
<td>WA</td>
</tr>
<tr>
<td>13</td>
<td>Iraq</td>
<td>IRQ</td>
<td>WA</td>
</tr>
<tr>
<td>14</td>
<td>Japan</td>
<td>JPN</td>
<td>EA</td>
</tr>
<tr>
<td>15</td>
<td>Jordan</td>
<td>JOR</td>
<td>WA</td>
</tr>
<tr>
<td>16</td>
<td>Kazakhstan</td>
<td>KAZ</td>
<td>CA</td>
</tr>
<tr>
<td>17</td>
<td>Korea</td>
<td>KOR</td>
<td>EA</td>
</tr>
<tr>
<td>18</td>
<td>Kuwait</td>
<td>KUW</td>
<td>WA</td>
</tr>
<tr>
<td>19</td>
<td>Kyrgyzstan</td>
<td>KGZ</td>
<td>CA</td>
</tr>
<tr>
<td>20</td>
<td>Laos</td>
<td>LAO</td>
<td>SEA</td>
</tr>
<tr>
<td>21</td>
<td>Lebanon</td>
<td>LIB</td>
<td>WA</td>
</tr>
<tr>
<td>22</td>
<td>Macau, China</td>
<td>MAC</td>
<td>EA</td>
</tr>
<tr>
<td>23</td>
<td>Malaysia</td>
<td>MAS</td>
<td>SEA</td>
</tr>
<tr>
<td>24</td>
<td>Maldives</td>
<td>MDV</td>
<td>SA</td>
</tr>
<tr>
<td>25</td>
<td>Mongolia</td>
<td>MGL</td>
<td>EA</td>
</tr>
<tr>
<td>26</td>
<td>Myanmar</td>
<td>MYA</td>
<td>SEA</td>
</tr>
<tr>
<td>27</td>
<td>Nepal</td>
<td>NEP</td>
<td>SA</td>
</tr>
<tr>
<td>28</td>
<td>Oman</td>
<td>OMA</td>
<td>WA</td>
</tr>
<tr>
<td>29</td>
<td>Pakistan</td>
<td>PAK</td>
<td>SA</td>
</tr>
<tr>
<td>30</td>
<td>Palestine</td>
<td>PLE</td>
<td>WA</td>
</tr>
<tr>
<td>31</td>
<td>Philippines</td>
<td>PHI</td>
<td>SEA</td>
</tr>
<tr>
<td>32</td>
<td>Qatar</td>
<td>QAT</td>
<td>WA</td>
</tr>
<tr>
<td>33</td>
<td>Saudi Arabia</td>
<td>KSA</td>
<td>WA</td>
</tr>
<tr>
<td>34</td>
<td>Singapore</td>
<td>SIN</td>
<td>SEA</td>
</tr>
<tr>
<td>35</td>
<td>Sri Lanka</td>
<td>SRI</td>
<td>SA</td>
</tr>
<tr>
<td>36</td>
<td>Syria</td>
<td>SYR</td>
<td>WA</td>
</tr>
<tr>
<td>37</td>
<td>Chinese Taipei</td>
<td>TPE</td>
<td>EA</td>
</tr>
<tr>
<td>38</td>
<td>Tajikistan</td>
<td>TJK</td>
<td>CA</td>
</tr>
<tr>
<td>39</td>
<td>Thailand</td>
<td>THA</td>
<td>SEA</td>
</tr>
<tr>
<td>40</td>
<td>Timor-Leste</td>
<td>TLS</td>
<td>SEA</td>
</tr>
<tr>
<td>41</td>
<td>Turkmenistan</td>
<td>TKM</td>
<td>CA</td>
</tr>
<tr>
<td>42</td>
<td>United Arab Emirates</td>
<td>UAE</td>
<td>WA</td>
</tr>
<tr>
<td>43</td>
<td>Uzbekistan</td>
<td>UZB</td>
<td>CA</td>
</tr>
<tr>
<td>44</td>
<td>Vietnam</td>
<td>VIE</td>
<td>SEA</td>
</tr>
<tr>
<td>45</td>
<td>Yemen</td>
<td>YEM</td>
<td>WA</td>
</tr>
</tbody>
</table>
Quick Facts about Phuket

Introduction to Phuket

Phuket is an island connected by bridges to southern Thailand's Andaman Sea coast, in the Indian Ocean, lying between 7°45" and 8°15" north latitude, and from 98°15" to 98°40" west longitude on the map. Phuket, Thailand's largest islands, is surrounded by 32 smaller islands that form part of the same administration, with a total area of 570 square kilometers. Measured at its widest point, Phuket is 21.3 kilometers; at its longest, 48.7 kilometers.

Phuket's weather conditions are dominated by monsoon winds that blow year round. It is therefore always warm and humid. There are two distinct seasons, rainy and dry. The rainy season begins in May and lasts till October, during which the monsoon blows from the southwest. The dry season is from November through April, when the monsoon comes from the northeast.

Transportation / Getting Here

Phuket Airport is now an international airport, so Phuket can be reached directly from points all over the world.

Bangkok Airways and Phuket Air have daily flights connecting Phuket with Bangkok, Pattaya and Samui. Thai Airways has numerous daily flights servicing the Bangkok-Phuket route. In addition, they have regular flights connecting Phuket with Hat Yai, Surat Thani, and Narathiwat.

From Bangkok the total distance is about 867 kms. Bus transport includes both air and non-air conditioned coaches leaving from Bangkok's Southern Bus Terminal several times a day.

Recreation

Phuket offers an unrivalled selection of water sports, including deep-sea fishing, snorkeling and scuba diving. The area has become one of Asia's premier yachting destinations with yachts from every continent represented in Phuket's marinas.

There are four world-class golf courses on the island. Other activities include mountain biking, go carting, bungee jumping, horseback riding and shooting.

Spend a morning indulging in your favorite water sport, and then spend your afternoon on an elephant safari. Lie by the beach all day, or visit a spa and get thoroughly pampered. Choose to do nothing or everything - the opportunities are endless.

Attractions

Phuket is incredibly diverse, with rocky and sandy beaches, tall cliffs, forests, waterfalls and temples.

Of course, Phuket's limestone cliffs and palm-fringed tropical beaches are its biggest attractions. Each of Phuket's many beaches has a character and charm of its own and is separated from its neighbors by picturesque headlands. From busy fun beaches, to secluded coves of fine white sand, there is bound to be at least one to suit the mood and mindset of every visitor to the island.

Visitors to Phuket Province generally head for the sea, but the interior is worth exploring for its vivid patchwork of plantations and rice paddies. Take a trek into the island's jungles on an elephant's back or hike through the virgin forests of Khao Phra Thaew, the last remaining rain forest of the island.
Nightlife Shopping & Dining

Phuket offers so much for everyone. Walk through some bustling open-air markets laden with the freshest seafood, fruits, vegetables, and sample from vendors selling all manner of tasty treats. Visit some of Phuket's up market boutiques and antique stores situated in renovated Chinese shop houses, or Sino-Portuguese buildings.

Not only do most of the major hotels and resorts offer a wide selection of quality international restaurants and bars, featuring cabaret shows and live music, but every tourist centre has numerous other entertainment venues. Patong is undoubtedly the epicenter of the island's entertainment scene, boasting a wealth of bars, clubs, live music, and cabaret shows, yet there is still plenty to discover around the island, with Kata/Karon and Phuket town offering such a diverse range of clubs and nightspots that it’s difficult to know where to start.

Weather and Climate of Phuket

Phuket has a tropical climate, more specifically a tropical monsoon climate, with a dry season from November to April and a rainy season from May to October. Average temperatures are consistent year-round. Average highs range from 29 °C (84 °F) to 33 °C (91 °F); average lows range from 23 °C (73 °F) to 26 °C (79 °F).

### Climate data for Phuket

<table>
<thead>
<tr>
<th>Month</th>
<th>Jan</th>
<th>Feb</th>
<th>Mar</th>
<th>Apr</th>
<th>May</th>
<th>Jun</th>
<th>Jul</th>
<th>Aug</th>
<th>Sep</th>
<th>Oct</th>
<th>Nov</th>
<th>Dec</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average high °C (°F)</td>
<td>31.8 (89.2)</td>
<td>32.9 (91.2)</td>
<td>33.5 (92.3)</td>
<td>33.4 (92.1)</td>
<td>32.0 (89.6)</td>
<td>31.6 (88.9)</td>
<td>31.2 (88.2)</td>
<td>31.2 (88.2)</td>
<td>30.7 (87.3)</td>
<td>30.9 (87.6)</td>
<td>31.0 (87.8)</td>
<td>31.2 (88.2)</td>
<td>31.8 (89.2)</td>
</tr>
<tr>
<td>Daily mean °C (°F)</td>
<td>27.9 (82.2)</td>
<td>28.7 (83.7)</td>
<td>29.3 (84.7)</td>
<td>29.5 (85.1)</td>
<td>28.4 (83.1)</td>
<td>28.3 (82.9)</td>
<td>27.8 (82.0)</td>
<td>27.9 (82.2)</td>
<td>27.3 (81.1)</td>
<td>27.4 (81.3)</td>
<td>27.5 (81.5)</td>
<td>27.6 (81.7)</td>
<td>28.1 (82.6)</td>
</tr>
<tr>
<td>Average low °C (°F)</td>
<td>23.3 (73.9)</td>
<td>23.7 (74.7)</td>
<td>24.3 (75.7)</td>
<td>24.8 (76.6)</td>
<td>24.5 (76.1)</td>
<td>24.5 (76.1)</td>
<td>24.2 (75.6)</td>
<td>24.4 (75.9)</td>
<td>23.9 (75.0)</td>
<td>23.8 (74.8)</td>
<td>23.8 (74.8)</td>
<td>23.7 (74.7)</td>
<td>24.1 (75.4)</td>
</tr>
<tr>
<td>Precipitation mm (inches)</td>
<td>29.8 (1.17)</td>
<td>20.9 (0.82)</td>
<td>49.1 (1.93)</td>
<td>121.9 (4.79)</td>
<td>319.4 (12.57)</td>
<td>268.9 (10.58)</td>
<td>290.5 (11.43)</td>
<td>272.6 (10.73)</td>
<td>339.0 (13.37)</td>
<td>309.6 (12.18)</td>
<td>175.7 (6.91)</td>
<td>59.4 (2.33)</td>
<td>2,316.8 (91.21)</td>
</tr>
<tr>
<td>Avg. rainy days</td>
<td>4</td>
<td>3</td>
<td>5</td>
<td>11</td>
<td>21</td>
<td>19</td>
<td>19</td>
<td>19</td>
<td>23</td>
<td>22</td>
<td>16</td>
<td>8</td>
<td>170</td>
</tr>
<tr>
<td>Mean monthly sunshine hours</td>
<td>286.2</td>
<td>271.5</td>
<td>282.3</td>
<td>247.9</td>
<td>188.5</td>
<td>139.5</td>
<td>172.6</td>
<td>174.1</td>
<td>143.2</td>
<td>179.8</td>
<td>197.1</td>
<td>244.3</td>
<td>2,527.0</td>
</tr>
</tbody>
</table>
The emblem of the 4th Asian Beach Games was driven by Phuket’s very own beauty and by one of Phuket’s most mesmerizing sceneries of Laem Promthep with such beauty that Phuket possesses, Phuket is also widely recognized as the Peal of the Andaman and the Southern Paradise” where athletes, spectators and tourists could enjoy watching the ongoing game while at the same time allowing themselves to serenely sink into the spell-binding beauty of Phuket beaches and sceneries. The two palm trees standing side by side represents the coming together of athletes and of all participants from different nations and races, to unite and to participate together in the 4th Asian Beach Games.

As for the middle, the Asian Beach Games is the center of this beautiful bonding between the races in which the athletes represents. The ocean waves tinted in the color of the Thai flag symbolizes the qualities in which Thailand possesses; the Thai flag swirling could be understood as a representation of the determination of the athletes in participating in the competition.

“Sea turtle” is a symbol of endurance fertility, sustainability and growth. As Phuket is a home to many rare species of sea turtle, it is a chance to announce to the participants of the 4th Asian Beach Games and also to the public that Thailand pays great attention and an important role to the conservation of sea turtle.

As sea turtle are amphibious creatures, living both on land and in the sea, the 4th Asian Beach Games will have both beach sports and water sports which at the same time is an excellent symbol of the relationships of the different countries in Asia.

The name Sintu (สินธุ์), Sakorn (สาคร), Samut (สมุทร) shares the same meaning of water. Could be metaphorically be compared to the qualities of athletes which includes the qualities such as tolerance, tranquility, unity, acceptance, sportsmanship and friendship.
## Competition Program for the 4th Asian Beach Games 2014
### 14 - 23 November 2014 in Phuket, Thailand

<table>
<thead>
<tr>
<th>No.</th>
<th>Sports</th>
<th>Code</th>
<th>Day</th>
<th>No. of Events</th>
<th>November</th>
<th>Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>G</td>
</tr>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>S</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>B</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>TOTAL</td>
</tr>
<tr>
<td>1</td>
<td><strong>Opening Ceremony</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td><strong>Chaofa Mine</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td><strong>Karon Beach</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td><strong>Sailing</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td><strong>Patong Beach</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td><strong>Naí Yang Beach</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td><strong>Bangneow Dam/Anthem Wake Park</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td><strong>Sapheen Hin Sport Center</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>13</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>17</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>19</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>21</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>24</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>25</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>26</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### No. of Events

<table>
<thead>
<tr>
<th>No.</th>
<th>Sports</th>
<th>Code</th>
<th>Day</th>
<th>No. of Events</th>
<th>November</th>
<th>Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>G</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>S</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>B</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>TOTAL</td>
</tr>
</tbody>
</table>

### Medals

<table>
<thead>
<tr>
<th>No.</th>
<th>Sports</th>
<th>Code</th>
<th>Day</th>
<th>No. of Events</th>
<th>November</th>
<th>Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>G</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>S</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>B</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>TOTAL</td>
</tr>
</tbody>
</table>

### Competition Schedule

1. **Opening Ceremony**
2. **Chaofa Mine**
3. **Karon Beach**
4. **Sailing**
5. **Patong Beach**
6. **Naí Yang Beach**
7. **Bangneow Dam/Anthem Wake Park**
8. **Sapheen Hin Sport Center**

### Day Schedule

- **Day 1**: Events 1-10
- **Day 2**: Events 11-20
- **Day 3**: Events 21-30
- **Day 4**: Events 31-40

### Medal Distribution

- **Gold (G)**
- **Silver (S)**
- **Bronze (B)**

**TOTAL Medals**: 578

---

**Technical Handbook**

14 - 23 November 2014 in Phuket, Thailand
PATONG NORTH 1
• Beach Wrestling
• Beach Kabaddi
• Petanque

PATONG NORTH 2
• Beach Sepaktakraw
• Foot Volley

PATONG NORTH 3
• Jetski Sport

PATONG CENTRAL BEACH
• Muaythai
• Kurash
• Ju-Jitsu

KARON NORTH 1
• Beach Waterpolo
• Body Building
• Beach Basketball
• Squash
• Marathon Swimming

KARON NORTH 2
• Beach Handball
• Sailing/Windsurfing

KARON CENTRAL BEACH
• Beach Volleyball
• Sambo

KARON SOUTH BEACH
• Woodball

NAIYANG
• Triathlon
• Beach Modern Pentathlon
• Beach Athletics

ANTHEM WAKE PARK
• Waterski (Cable Wakeskate)

BANGNEOW DAM
• Waterski

CHAOFA MINE
• Air Sport

SAPHAN HIN 1
• Beach Soccer
• Beach Flag Football

SAPHAN HIN 2
• Extreme Sport
• Sport Climbing
Technical Delegate Profile

KHOSROW AMINI

Member of the Iranian National Water polo Team for 6 years.


In 1984 he was elected the Honorary Secretary of AASF – TWPC followed by assuming the Chairmanship of the same committee in 1986. He was again re-elected as the Chairman of the AASF-TWPC in 1988, 1992, 1996, 2000, 2005, 2009, 2013 and will continue in the same position till the year 2017.

In Seoul Olympic Games 1988, he was elected as a member of FINA – TWPC and was elected as follow

FINA – TWPC member 1988 – 1992
FINA – TWPC member 1992 – 1996
FINA – TWPC Vice Chairman 1996 – 2000
FINA – TWPC Vice Chairman 2000 – 2005
FINA – TWPC Member 2009 – 2013
FINA – TWPC Vice Chairman 2013 - 2017

He received FINA Silver Pin in 1987.
He Received FINA Gold Pin in 2005
Recipient of the 1983 Outstanding 10 Young Persons in Hong Kong Award and the 1992 Justice of Peace Award, Mr. Wong is more than just the Technical Delegate of marathon swimming. He is active not only in the swimming community across Asia, but also with several University advisory committees such as the Hong Kong Schools Sports Federation and the Hong Kong Baptist University.

He is also actively involved in environment causes as well as health institutions.

In so many sporting occasions, Ronnie, as fondly called by peers and colleagues, has been a participant representing Hong Kong, China in the 1966, 1970 and 1978 Asian Games and at the 1968 and 1972 Olympic Games as well as 1970 Commonwealth Games.

Mr. Wong’s dedication to sports continues to reflect positively on the sport of swimming as he endeavors to push for streamlining the rules and policies concerning open water swimming. He is achieving this through active participation in various governing bodies such as his role as Chairman of the Asia Swimming Federation (AASF) Open Water Committee and as the Chairman of the technical committee of the prestigious Federation Internationale De Natation (FINA).

His love for water sports extends outside of the swimming pool with his love of scuba diving. Cruising around the seas and islands of Hong Kong is where he can be found in his leisure time.

His education includes a certificate acquired in Cornwall, UK as Underwater Salvage and Mechanic Diver alongside plus an MBA from Florida Institute of Technology, USA.

Ronnie views the Asian Beach Games, initiated by the OCA, as a positive approach in bridging the gap for all athletes to embrace and respect Mother Nature.
### Competition Technical Information

#### The 4th Asian Beach Games Phuket 2014

**Beach Water Polo**

<table>
<thead>
<tr>
<th>No.</th>
<th>Events</th>
<th>Number of Athletes</th>
<th>Maximum Number of Athletes</th>
<th>No. of Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Gold</td>
</tr>
<tr>
<td>1</td>
<td>Men’s Team</td>
<td>7</td>
<td>7</td>
<td>1</td>
</tr>
</tbody>
</table>

Maximum Number of Athletes for each National Olympic Committee: 7 men including Goalie. 4 playing; 3 substitutes

#### The 4th Asian Beach Games Phuket 2014

**Marathon Swimming**

<table>
<thead>
<tr>
<th>No.</th>
<th>Events</th>
<th>Number of Athletes</th>
<th>Maximum Number of Athletes</th>
<th>No. of Medals</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Gold</td>
</tr>
<tr>
<td>1</td>
<td>Male 5 Km</td>
<td>2</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>Male 10 Km</td>
<td>2</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>3</td>
<td>Female 5 Km</td>
<td>2</td>
<td>4</td>
<td>1</td>
</tr>
<tr>
<td>4</td>
<td>Female 10 Km</td>
<td>2</td>
<td>4</td>
<td>1</td>
</tr>
</tbody>
</table>

Maximum Number of Athletes for each National Olympic Committee: 8

1. **Date and Place**

   *Aquatics competition* for the 4th Asian Beach Games Phuket 2014 will be held in Phuket, Thailand from 15 - 21 November 2014 at Karon Beach, Phuket.

2. **Competition Venue**

   The Venue is located at Karon Beach.

3. **Events**

   **Beach Water Polo (ABW)**
   The competition will comprise of Male Beach Water Polo

   **Marathon Swimming (AMS)**
   The competition will comprise of Male 5 Km, 10 Km and Female 5 Km, 10 Km.

4. **Competition Schedule**

   The daily Competition Schedule will be disclosed after the Entry by Number has been finalized.

5. **Eligibility**

   **Beach Water Polo**
   - The 4th Asian Beach Games Beach Water Polo competitions are reserved for teams representing the OCA member National Olympic Committees. Only competitors who comply with the condition laid down in the OCA Constitution and the FINA Rules are entitled to participate.

   **Marathon Swimming**
   - The 4th Asian Beach Games Open Water Swimming competitions are reserved for teams representing the OCA member National Olympic Committees. Only competitors who comply with the condition laid down in the OCA Constitution and the FINA Rules are entitled to participate.
   - Each country may enter both 4 males and 4 females a maximum 8 swimmers.
6. Entries

6.1 Entries of each participating NOC must be submitted in accordance with the regulations laid-out by PABGOC.

6.2 Deadline for Entry by Number Forms (Preliminary)

Each participating OCA member NOC must submit Entry by Number Forms to PABGOC by 24:00hrs Thailand local time (GMT +7) of 30 June 2014. This form may be submitted by fax. Original form must be presented during the DRM. PABGOC’s detailed address, telephone and fax may be found on the entry form.

6.3 Deadline for Entry by Name Forms (Final)

The Entry by Name Forms must be received by PABGOC no later than 31 August 2014 at 24:00hrs Thailand local time (GMT +7). The completed Entry by Name Forms must be submitted for each athlete and must include all necessary information including athlete’s full name.

NOC may make changes or submit amended Entry by Name Forms up to and including the day of deadline, but no such amendments will be permitted after the deadline.

6.4 Both Entries by Number and Name Forms may be sent by fax and subsequently confirmed with stamped original by posting to the following address:

Sports Entries/4th ABG

C/o Tatchanart Tongprakob
Sports Directorate, Phuket Asian Beach Games Organizing Committee
13th Floor, SAT Building, 286 Ramkhamhaeng Road, Huamark, Bangkapi, Bangkok, Thailand 10240
Email: tatchanart.t@phukethailand2014.com
Tel. No. +66 2186 7178  Fax No: +66 21867537

6.5 Any late entries will be decided by OCA for acceptance or rejection

6.6 If forms are sent by e-mail or fax, the Chef de Mission must bring the original Sports Entry Forms during the Delegation Registration Meeting (DRM).

7. Technical Meetings

Beach Water Polo (ABW)

Technical Delegate and Technical Officials Meeting will be held at the official meet room on 16 November 2014 at the official hotel.

General Technical Meeting of Team Managers/Coaches will be held at the official meet room on 16 November 2014 at the official hotel

Marathon Swimming (AMS)

Technical Delegate and Technical Officials Meeting will be held at the official meet room on 14 November 2014 at the official hotel.

General Technical Meeting of Team Managers/Coaches will be held at the official meet room on 14 November 2014 at the official hotel
8. General Rules and Regulations

9. Technical Officials
AASF will appoint the officials to manage the competition and cooperation with Beach Water Polo and Marathon Swimming Technical officials. OCA, with justified reasons, may propose to AASF some changes of international technical officials.

10. Protests and Appeals
All protests and appeals will be dealt with in accordance to the FINA OWS rules and regulations. Any non technical matter appealed to OCA should be in accordance with the OCA Constitution. The participating NOC has the right to appeal to CAS against the decision of AASF.

11. Dress Codes
Marathon Swimming
No swimmer shall be permitted to use or wear any device which may be an aid to their speed, endurance or buoyancy. Goggles, a maximum of two caps nose clip and earplugs may be used.

12. Sports Equipment
Equipment and facilities will be in accordance with the regulations and specifications set by Thailand Swimming Association under approved by AASF.

13. Penalties in Case of Fraud
A competitor proven to have fraudulently transgressed the Rules and Regulations of the Games Federation, shall be disqualified and lose any position he/she may have gained. If this competitor’s member organization is proven to have been a party to the fraud, his/her NOC may be disqualified by the decision of OCA.

14. Doping Control/Gender Verification
- Doping Control for all events of the PHUKET 2014, 4th Asian Beach Games will be conducted according to OCA Medical Committee directions and will follow the procedures specified by the World Anti Doping Agency (WADA)
- Gender Verification tests may be carried out in accordance with the OCA Constitution and Rules.
- Competitors who are chosen to be tested will be notified after the match or out competition. When notified, the competitor must proceed to the Doping Center in due time for examination. The competitor must bring an AD/ID card along for verification. Those who are notified but do not arrive at the centre will be treated as testing positive. Competitor must be either accompanied by team manager, coach or team doctor.

15. Victory Ceremonies
The ceremony will be in Thai and English. Medals, flowers and mascot bearers will enter the field-of-play and take position. Players will be escorted to the podium. The medals will be presented by the OCA President or his representative or by the AASF representative. The national anthem of the gold medalist will be played and the flag of the winners will be hoisted. Winners must wear their NOC official sport uniform.
16. **Media Interviews**
   Competitors should go through the mixed-zone after their contest whenever there is a mixed-zone set up. Competitors will be invited to attend press conferences/interviews when requested.

17. **Approval of the Technical Handbook**
   This Technical Handbook was approved by AASF

**General Clause:**
Changes or revisions may be made after publication of this Technical Handbook. For reference and guidance, appropriate updates will be disseminated through the NOC.
Celebrate Charming Sunshine