PENCAK SILAT
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I. INTRODUCTION

1. Preface

The 18th Asian Games will be held in Jakarta and Palembang, Indonesia starting from August 18th to September 2nd, 2018.

The Asian Games is an exclusive property of the Olympic Council of Asia (OCA) where the members of OCA come together to enhance the ability of Asian athletes and promote mutual understanding through fair competition. It is the multi-sport festivity within the Asian region held every 4 years.

This publication is to provide the general information about the Olympic Council of Asia, the Member NOCs, Indonesia Asian Games Organizing Committee and overview of the 18th Asian Games Jakarta-Palembang 2018 as well as introduction of Indonesia, the Host Country and the Host City. This publication also contains the technical information for Pencak Silat Sport in the 18th Asian Games Jakarta-Palembang 2018, which is the most important.

It is our honor to provide this Technical Handbook before the start of the 18th Asian Games Jakarta-Palembang 2018. This handbook will serve an important role to all the participating officials and athletes.
Thank you very much.

2. Organizing Bodies

**OCA Executive Board**

**President**
Sheikh Ahmad Al-Fahad Al-Sabah

**Honorary Life Vice-President**
Raja Randhir Singh
Mr. Jizhong WEI

**Vice Presidents**
Maj. Gen. Charouck Arirachakaran
Mr. Timothy Tsun Ting Fok
Lt. Gen. Syed Arif Hasan
HE Sheikh Isa Bin Rashed Al Khalifa
Mr Timur Kulibayev
Mr. Tsunekazu Takeda
Prof. Dr. Hoang Vinh Giang
Mr. Sapardurdy Toylyyev
Mr Song LUZENG
Mr. Yu Zaiqing
Mrs Rita Sri Wahyusih SUBOWO

**Honorary Vice-President**
Mr Hemasiri FERNANDO

*Chairman/Chairwoman of OCA Standing Committees*

Rules Committee
Sheikh Talal Fahad Ahmad J AL-SABAHE

Women and Sports Committee
Mrs Natalya SIPOVICH
<table>
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<tr>
<th>Committee</th>
<th>Member</th>
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<tr>
<td>Advisory Committee</td>
<td>Mr Ng Ser Miang</td>
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<tr>
<td>Peace Through Sport Committee</td>
<td>HRH Prince Faisal Bin AL-HUSSEIN</td>
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<tr>
<td>Athletes Committee</td>
<td>Mr Koji Murofushi</td>
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<tr>
<td>Sports Environment Committee</td>
<td>Mr Kyung-Sun YU</td>
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<td>Medical Committee</td>
<td>Dr M. Jegathesan</td>
</tr>
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<td>Sports for All Committee</td>
<td>Brig Gen Mowaffak JOUMAA</td>
</tr>
<tr>
<td>Media Committee</td>
<td>Mr Charles King Chiu LO</td>
</tr>
<tr>
<td>Finance Committee</td>
<td>Dr Kevin Kuo-I CHEN</td>
</tr>
<tr>
<td>Culture Committee</td>
<td>Mr Mohammad A. Alkamali</td>
</tr>
<tr>
<td>Entourage Committee</td>
<td>Mr Daesung MOON</td>
</tr>
<tr>
<td>Education Committee</td>
<td>HRH Prince Abdulhakim Bin Mosaad Bin Abdulaziz</td>
</tr>
<tr>
<td>Coordination Committee</td>
<td>Mr Tsunekazu TAKEDA</td>
</tr>
<tr>
<td>Ethics Committee</td>
<td>Mr Jizhong WEI</td>
</tr>
<tr>
<td>Information &amp; Statistics Committee</td>
<td>Dr Demchigjav ZAGDSUREN</td>
</tr>
<tr>
<td>International Relations Committee</td>
<td>HRH Prince Jigyel Ugyen WANGCHUCK</td>
</tr>
<tr>
<td>Sports Committee</td>
<td>Mr Song LUZENG</td>
</tr>
</tbody>
</table>

**Members**

- Executive Board Member HRH Prince Haji Sufri BOLKIAH
- Executive Board Member Mr Kiumars Hashemi
- Executive Board Member Mr Raad Hammoodi Salman AL-DULAIMI

**Honorary Members**

- Mr Habib Abdul Nabi Yousef MACKI
- Gen Souhail KHOURY

**Director General & Technical Director**

- Mr Husain A H Z AL-MUSALLAM

**Director of Asian Games**

- Mr. Haider Farman

**Director of NOCs Relation**

- Mr. Vinod Kumar

**OCA Adviser for INASGOC**

- Mr. Matthew Kidson
- Mr. Ganesan Sundaram Moorthy

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**2.1 Indonesia Asian Games Organizing Committee (INASGOC)**

**2.1.1 Steering Committee (SC)**
President : Vice President of Republic of Indonesia
Vice President I : Chairman of Coordinating Ministry for Human Development and Cultural Affairs
Members : Chairman of Indonesia Olympic Committee
          Chairman of Agency for Financial and Development Supervision
          Chairman of Agency for Government Procurement Policy
          Governor of DKI Jakarta
          Governor of South Sumatera
          Governor of West Java
          Governor of Banten

2.1.2 Organizing Committee (OC)

Executive Board

President : Erick Tohir
Vice President : Sjafrie Sjamsoedin
Secretary General : Eris Herryanto
Vice Secretary General : Dendi T. Danianto
Assistant of Finance (Deputy) : Gatot S. Dewabroto
Vice Assistant of Finance (Vice Deputy) : Soewartomo
Head of Monitoring (Deputy) : Meris Wiryadi

Vice Head of Monitoring (Vice Deputy) : Deddy Yulianto
Deputy 1 Games Operation : Harry Warganegara Harun
Deputy 2 Games Administration : Francis Wanandi
Vice Deputy 2 : Devy Wildasari Adjiningsih
Deputy 3 Games Support : Ahmed Solihin
Vice Deputy 3 : Bambang Rus Effendi
Deputy 4 Games Security : Asop Kapolri
Vice Deputy 4 : Asop Panglima TNI
Assistant of Finance Coordinator : Brigjend TNI Dr.Yudi Sutrasna, MM
Vice Coordinator: Indra Bayu
Verification Department
Director: Julian Alhaj
Vice Director: Iwan Kurniawan
Anggaraharja
Tri Sujatmiko

Treasury Department
Director: Deny Alvar
Vice Director (Secretariat): Lina Nurhasanah
Vice Director Deputy 1: Arman Saputra Siregar
Vice Director Deputy 2: Margono
Vice Director Deputy 3: Sriyanti

Accounting and Asset Department
Director: Parwoto Dwi Putranto
Unit Accounting
Vice Director: Eddy Dharmawan
Unit Asset
Vice Director: Syahrul Hidayatulloh

Monitoring Team
Coordinator: Brigjen TNI Cecep Rahmad Mujono
Associate: Erwin Aksa
Sofyan Wanandi
Muhammad Iksan
Wijayanto Samirin
Daulat Tampubolon
Dholfi OFP
Kol. Inf Chanlan Adilane
Kol Laut (T) Irmandala
Kol Laut (KH) Dr. Dwi Hartono
Kol Laut (P) Sayuti
Kol Kes Saefullah
Kol Cpl Jimmy Alexander Adirman
Kol Arh Bambang Murtiyoso
Kol Laut (T) Catur Sudarsono
Juliande Darwis
Ginrey Shandy Algam
SECRETARIAL GENERAL

Coordinator : Letkol Inf. Mahudin Latupono
Vice Coordinator – General Affairs : Letkol Laut Daniel Martinus Lakollo
Vice Coordinator – Secretariat : Okkie Nur Hamida
Planning & Budgeting Department
Coordinator : Mayjen TNI Tjuk Agus Minahasa
Vice Coordinator : Kapnten Inf. Samsudin
Procurement Department
Coordinator : Laksma TNI Listyanto
Vice Coordinator : Kol Laut (T) Endro Legowo
Vice Coordinator for Administration & Support : Kol Laut Rizal Junaidi
Legal Department
Coordinator : Finsa Noorcahya
Government Relation
Coordinator : Raja Parlindungan Pane
Vice Coordinator : Haryo Sasongko
International Relations & Protocol Department
Coordinator : Indra Kartasasmita
Vide Coordinator : Nur Laily Rahmawati
Media & Public Relation Department
Coordinator : M.Buldansyah
Vice Coordinator : Ratna Irsana
Accreditation Department
Coordinator : Brigjen Pol. Teddy Minahasa
Vice Coordinator : Claudia Regina Roe Roe

Human Resources & Volunteer Department
Coordinator : Pusparani Hasjim Chappy Hakim
Vice Coordinator : Demayanti Nasution
Vice Coordinator : Jenny Soeseno

DEPUTY 1: GAMES OPERATION
SECRETARIAT DEPUTY
Budget & Finance
Head/ Vice Coordinator : Gustiawan Anthony

Secretariat, Administration & Operation
Head/ Vice Coordinator : Johar Manik Kusumo Wardhani

Sport, Medal Ceremony & Sport Presentation
Director : Wisnu Wardhana

Sub-Unit Sport Support & Administration
Vice Director : Abdul Rauf

Sub-Unit Jakarta 1 & Sport Preparation
Vice Director : Arif Hidayat

Sub-Unit Jakarta 2 & Overlay Sport
Vice Director : Adi Wirawan

Sub-Unit Jakarta Suburb, Palembang & Sport Equipment
Vice Director : Arsyad Achmadin

Unit Medal Ceremony & Sport Presentation
Vice Director : Nur Ali

Venues & Environment Department
Director : Teuku Arlan Perkasa Lukman

Unit Overlay Project, Technical Data & Administration
Vice Director : Ahmad Zacky Badrudin  
Unit Jakarta & Jakarta Suburb Cluster  
Vice Director : Natsir Gunawan  
Unit Palembang  
Vice Director : Basyaruddin  
Medical & Doping Control Department  
Director : Dr. Leane Suniar  
Vice Director : Dr. Wiweka  
Athlete Village & Service Department  
Director : Tri Ananta Andrewan  
Unit Jakarta Kemayoran  
Vice Director : Glenn J. Rumawas  
Unit Jakarta Suburb  
Vice Director : Hermawan Halim  
Arrival Departure & Hospitality Department  
Director : Indra Gamulya  
Vice Director : Andi Burhan Dwi Armien  

DEPUTY 2: GAMES ADMINISTRATION  
SECRETARIAT DEPUTY  
Unit Secretary  
Vice Coordinator : Trianti  
Unit Administration  
Vice Director : A.A Cakra Nugraha  
Unit Client Service  
Vice Director : Triputanta Wimbacahaya Aziz  
Look Of The Games, Beautification & Activation Department  
Director : DRS. Tb. Lukman Djajadi K  
Ceremony Department  
Director : Rachmi Dewi Wulansari  
Vice Director : Wishnutama Kusubandio  
Unit Torch Relay  
Vice Director : Dra. Herty Paulina Purba
Revenue Department
Director : Hasani Abdulgani
Unit Sales
Vice Director : Cahyadi Wanda
Unit Merchandise & Retail
Vice Director : Mochtar Sarman
Ticketing Department
Director : Sarman Simanjorang
Unit Ticket Management
Vice Director : Mohammad Indra
Communication Department
Director : Elwin Chandra Mochsin
Unit Projector Coordinator
Vice Director : RA Trimaryanda Kunto
Unit Digital
Vice Coordinator : Indra Agustian Pribadi

DEPUTY 3: GAMES SUPPORT
SECRETARIAT DEPUTY
Vice Coordinator : Yarmanto
Transportation Department
Director : Purnomo S.IP
Vice Director : Sudjianto Adji
Broadcast Depart
Director : Linda N Wahyudi
Vice Director : Edy B Lasoma
Catering Department
Director : Felly Imsransyah
Vice Director : Yooky Tjahrial
Accommodation Department
Director : Johanna Sri Ambarwati
Vice Director : Ahmad Qodie Ibrahim
IT&T Department
Director : Eddy Prabowo
Vice Director : Sugianto Hirokerto
DEPUTY 4: GAMES SECURITY

Associate: Kombes Pol Drs Unggul Sedyanto,Msi
AKBP Lalu Muhammad Iwan M.SJK
Pembina Yahya Fitriadi, Skom
Z. Pandra Arsyad, SH, Msi
### 2.2 OCA Members

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II. GENERAL INFORMATION

1. The 18th Asian Games Jakarta-Palembang 2018 in Brief

1.1 Games Overview

<table>
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<th>Duration</th>
<th>August 18 - September 2, 2018 (16 days)</th>
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<tr>
<td>Host and Co-Host City</td>
<td>Jakarta and Palembang, Indonesia</td>
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<tr>
<td>Games Venue</td>
<td>49 venues in total (39 in Jakarta, 10 in Palembang)</td>
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<tr>
<td>Sports Program</td>
<td>40 sports / 462 events</td>
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<td>Patron</td>
<td>Olympic Council of Asia</td>
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<tr>
<td>Host</td>
<td>Indonesia Asian Games Organizing Committee (INASGOC)</td>
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1.2 Objectives

- Bring forth mutual communication, reconciliation and peace in Asia
- Asian Games that share joy and glory
- Realize practical and economically efficient games

1.3 Slogan

ENERGY OF ASIA

1.4 Emblem

The design concept of the Brand mark 18th Asian Games 2018 logo is inspired by the shape of Gelora Bung Karno Main Stadium, with eight paths leading to the stadium and the shining sun emblem of the Olympic Council of Asia logo in the center, represents the “Energy of Asia” theme.
The design tells that the “Energy of Asia” will radiate throughout the world. The multi-coloured art design symbolized the multi-national culture and nature of Asia and Indonesia.

1.5 Mascots

**BHIN BHIN**
Cendrawasih Bird (Paradisaea apoda)
Strategy Representation
BHIN BHIN wearing a vest with detail pattern/
Asmat motive from Papua

**ATUNG**
Deer Bawean (Hylaphus Kuhlii)
Speed Representation
ATUNG wearing sarong with Tumpal batik
pattern
from Jakarta

**KAKA**
Rhinoceros (Rhinoceros Sondaicus)
Strength Representation
KAKA wear traditional clothing Palembang

2. Accreditation and Validation

Asian Games Identification and Accreditation Cards (AGIAC) will act as an entry visa to Indonesia and ensure special access to the Games venues including the HQ Hotel and competition venues. INASGOC will distribute Accreditation Guide and Accreditation Application Forms to Accreditation Responsible Organizations by December 2017. The online Accreditation System start from January 31 until April 30, 2018. INASGOC will distribute
the Pre-valid AGIAC to the confirmed participants on July 2018. Upon the arrival in Jakarta – Palembang, pre-valid AGIAC holders should visit one of the accreditation center with their effective identification documents and validate their pre-valid AGIAC. Once validated, AGIAC becomes an official Games document.

3. Immigration and Visa

From July 30 to September 4, 2018, AD Card holders will be permitted upon presentation of their valid passports or travel documents. AD Cards holders will not need to apply for an Indonesian Entry Visa of Residence Permit in order to enter the country.

Any AD Card holders wishing to enter Indonesia before or after the valid period of the AD Card, or to remain in Indonesia after its expiry date, will need to make their own arrangements regarding visas according to Indonesian immigration law. AD Card holders should ensure that the information on their valid passport when entering Indonesia is exactly the same with the information on the certified document used for application for AD Card, and that their passport remain valid at least until February 5, 2019.

4. Transportation

4.1 Transport Services for Arrival and Departure

Shuttle Bus Services will be provided for arriving and departing athletes and team officials, depending on arrival and departure information and flight schedule. Before departure, Shuttle Bus Services require advance reservation.

4.2 Dedicated Vehicle Service

Dedicated Vehicle Services will be provided between Athletes’ Village and the designated areas, depending on team events and on the size
of NOC participants. Dedicated Vehicle Services require advance reservation and approval.

4.3 Transport Services for Competition (for non-team events)
Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes’ Village and the competition venues as per the competition schedule.

4.4 Transport Services for Training (for non-team events)
Shuttle Bus Services for athletes and team officials participating in non-team events will be provided between Athletes' Village and the training venues as per the training schedule.

4.5 Transport Services for Spectating
The AV-to-venues shuttle will be provided to athletes and team officials wishing to watch other sport competition events. The service is also available to all athletes and team officials who are involved in the same events: priority, however, will be given to athletes and team officials participating in their own events.
※ Tickets are required for spectating.

4.6 Transport Services for Luggage
The luggage belonging to athletes and team officials should, in principal, be loaded onto the bus they take. If not possible due to insufficient storage space, another vehicle will be provided to the destinations.

5. Accommodation

During the Games time, over 13,000 athletes and team officials including extra officials will be accommodated at Kemayoran Block D10 in Jakarta and Jakabaring Athletes Villages located in Palembang. Opening of Athletes’ Village will be on July 16, 2018. A variety of amenities and recreational facilities will be offered for the Games family at Athletes’ Village. For the sake of the safety, separate Accreditation Access is required for entering the area.
6. Media

6.1 Mixed Zone
The Mixed zone is an area in which athletes may be interviewed as soon as they leave the field of play. The Mixed Zone is designed to permit the broadcasters and press to interview athletes in a designated area near the field of play. In accordance with OCA's rules, all athletes must pass through the Mixed Zone. Mixed Zone interviews are recommended within limited time each to let the broadcasters and press to have an equal opportunity to speak to the athletes. The AFs and INASGOC Sports Operations Team will provide all necessary assistance to ensure the convenience of Mixed Zone.

6.2 Press Conference
After each event, the designated medallists will attend a press conference at the venue as well as coaches if circumstances dictate. They should accompany to the press conference room. Medallists press conference will be held right after the medal presentation ceremonies at the venue. Sports operational staff will bring athletes to the press conference room. Translation services will be provided with English and Indonesian during the press conferences at the venues. If medallists do not speak English or Indonesian, NOCs are requested to assign an interpreter with the medallists attending the press conference.

7. Medical Service
Medical stations for athletes will be installed at all competition venues and training facilities. On-site medical treatment and emergency transfer service will be provided during operating period. Polyclinic in the Athletes' Village will provide treatment and consultation by professional medical staff across the departments of internal medicine, general surgery (including orthopaedics), ophthalmology, stomatology, medical imaging, physical therapy, pharmacy, etc.
It will also have an emergency room open 24 hours a day, with stand-by ambulances. Any patient who needs further diagnosis and treatment will be transferred to designated hospitals of the Games.

Where accredited persons including OCA Family VIP guests, NOC guests suffer from acute diseases, acute exacerbations of chronic diseases or acute
injuries, they can receive treatment in Polyclinic or designated hospitals for free of charge. Services may include emergency treatment, in-patient service, special consultation and ambulance transfer, if required. However, free medical services will not include selective or unnecessary treatment.

8. Host Country/City Information

8.1 Indonesia in Brief

Indonesia, officially the Republic of Indonesia (Indonesian: Republik Indonesia) is located mainly in Southeast Asia with some territories in Oceania. Situated between the Indian and Pacific Oceans, it is the world’s largest island country, with more than thirteen thousand islands. It has an estimated population of over 260 million people (September 2016) and is the world’s fourth most populous. Muslim-majority country. The world’s most populous island of Java contains more than half of the country’s population.

Indonesia’s republican form of government includes an elected legislature and president. Indonesia has 34 provinces, of which five have Special Administrative status. Its capital and most populous city is Jakarta. The country shares land borders with Papua New Guinea, East Timor, and the eastern part of Malaysia. Other neighbouring countries include Singapore, the Philippines, Australia, Palau and the Indian territory of the Andaman and Nicobar Islands. Indonesia is a founding member of ASEAN and a member of the G-20 major economies. The Indonesian economy is the world’s 16th largest by nominal GDP and the 8th largest by GDP at PPP.

Indonesia consists of hundreds of distinct native ethnic and linguistic groups. The largest - and politically dominant – ethnic group are the Javanese. A shared identity has developed, defined by a national language, ethnic diversity, religious pluralism within a Muslim-majority population, and a history of colonialism and rebellion against it. Indonesia’s national motto “Bhineka Tunggal Ika” (“Unity in Diversity” literally, “many, yet one”), articulates the diversity that shapes the country. Despite its large population and densely populated regions,
Indonesia has vast areas of wilderness that support the world’s second highest level of biodiversity.

8.2 Jakarta in Brief

Geography

The Special Capital Region of Jakarta, is the capital and most populous city of Indonesia. Located on the northwest coast of the world’s most populous island of Java, the city is the center of economics, culture and politics of Indonesia, with a population of 10,075,310 as of 2014. Greater Jakarta metropolitan area, which is known as Jabodetabek (a name formed by combining the initial syllables of Jakarta, Bogor, Depok, Tangerang and Bekasi), is the second largest urban agglomeration in the world, with population of 30,214,303 inhabitants as of 2010 census. Jakarta’s business opportunities, as well as its potential to offer a higher standard of living, attract migrants from all over Indonesian archipelago, making the city if nektling pot of many communities and cultures.

Climate

Jakarta has a tropical monsoon climate (Am) according to the Köppen climate classification system. The wet season in Jakarta covers the majority of the year, running from October through May. The remaining four months (June through September) constitute the city’s drier season (each of these 4 months has an average monthly rainfall of less than 100 millimeters (3.0in)). Located in the western part of Java. Jakarta’s wet season rainfall peak in January and February with average monthly rainfall off 299.7 millimeters (11.80 in), and its dry season low point is August with a monthly average of 43.2 mm (1.70 in).

Tourism
Most of the visitors attracted to Jakarta are domestic tourists from all over Indonesia. Jakarta is trying to attract more international tourist by MICE tourism, by arranging increasing numbers of conventions. As the gateway of Indonesia, Jakarta often serves as the stop-over for foreign visitors of their way to Indonesian popular tourist destinations such as Bali, Lombok and Yogyakarta. Most of the renowned international hotel chains have presence in the city.

Other than monuments, landmarks, and museums around Merdeka square and Jakarta Old Town, tourist attractions of the city include Thousand Islands, Taman Mini Indonesia Indah, Setu Babakan, Ragunan Zoo, Sunda Kelapa old port and the Ancol Dreamland complex on Jakarta Bay, including Duynia Fantasi (Fantasy World) theme park, Sea World, Atlantis Water Adventure, and Gelanggang Samudra.

8.3 Palembang in Brief

Geography

Palembang is the second-largest city on Sumatra island after Medan and the capital city of the South Sumatra province in Indonesia. It is one of the oldest cities in the Malay Archipelago and Southeast Asia. Palembang is located on the Musi River banks on the east coast of Southern Sumatra, with a land area of 369.22 square kilometres (142.56 square miles) and Palembang is the sixth-largest city in Indonesia after Jakarta, Surabaya, Bandung, Medan and Semarang. Its built-up (or metro) area with Talang Kelapa and Rambutan was home to 1,620,429 inhabitants at the 2010 census.

At 2°59’10’ S 104°45’20” E, Palembang occupies 400.61 km2 of vast lowland area east of Bukit Barisan Mountains in southern in Sumatra with average elevation of 8 metres (26 feet), approximately 105 kilometres (65 miles) from nearby coast at Bangka Strait. One of the largest rivers in Sumatra, the Musi Rivers, runs through the city, dividing the city area into two major parts which are Seberang Ilir in the north and Seberang Ulu in the south. Palembang is also located on the confluence of two major tributaries of Musi River, which are Ogan River
and Komering River. The river’s water level is influenced by tidal cycle. In rainy season, many areas on the city are inundated by the river’s tide.

Palembang’s topography is quite different between Seberang Ilir and Seberang Ulu area. Seberang Ulu topography is relatively flat, meanwhile Seberang Ilir topography is more rugged with altitude variation between 4 and 20 metres (13 and 66 feet).

Climate

Palembang is located in the tropical rainforest climate with significant rainfall even in its driest months. The climate in Palembang is often described with "hot, humid climate with a lot of rainfall throughout the year". The annual average temperature is around 27.3 °C (81.1 °F). Average temperatures are nearly identical throughout the year in the city. Average rainfall annually is 2,623 millimeters. During its wettest months, the city’s lowlands are frequently inundated by torrential rains. However, in its driest months, many peatlands around the city dried, making them more vulnerable to wildfires, causing haze in the city for months.

Tourism

Ampera Bridge, main city landmark, is a bridge crossed over 1,177 metres (3,862 feet) above the Musi River which connects Seberang Ulu and Seberang Ilir area of Palembang. Great Mosque of Palembang, also known as the Sultan Mahmud Badaruddin II Mosque, is located in the city centre.

Benteng Kuto Besak, situated on the northern bank of the Musi River and adjacent to Ampera Bridge, this fort is one of the Palembang Darussalam Sultanate of heritage buildings. The fort’s interior has been turned into military hospital of the Tentara Nasional Indonesia, specifically the Health Department of Military Area Command II/Sriwijaya (Kesehatan Daerah Militer II/Sriwijaya).

Kampung Arab Al-Munawar, a mixture of middle eastern and palembangnese Malay culture and architecture. It has been long known that any visitors should dress politely in order to visit this area.

Kampung Kapitan, the home of one of the oldest Chinese stilt house in the city. The primary attraction is Tjoa Ham Hin's house with centuries-old furniture inside. There was also a nearby Chinese temple, which was
one of the oldest in Palembang as well. Long before its existence as the Chinese settlement area, it was also called Tanggo Rajo where foreigners and newcomers from the archipelago stayed at.

Kantor Ledeng, located in the city centre, at first this building served as a water tower. Today this building serves as the mayor office of Palembang.

Kambang Iwak, a lake located in the tourist centre of the city close to Palembang mayor's residence. On the banks of this lake, there is a park and recreation arena which is always crowded during holidays.

Punti Kayu Tourism Forest, city forest located about six miles (9.7 kilometres) from the city centre with an area of 50 hectares (120 acres) and since 1998 designated as protected forests. In this forest there is a family recreation area and a local shelter a group of monkeys: long-tail macaque (Macaca fascicularis) and monkey (Macaca nemistriana) under the Sumatran Pine wood (Pinus mercussi).

Sriwijaya Kingdom Archaeological Park, the remnants of Sriwijaya site located on the banks of the River Musi. There is an inscription and stone relics, complex of ancient pond, artificial island and canals dated from the Sriwijayan kingdom in this area. The Sriwijaya Museum is located in this complex.

Bukit Seguntang archaeological park, located in the hills west of Palembang city. In this place there are many relics and tombs of the ancient Malay-Sriwijayan king and nobles.

Monumen Perjuangan Rakyat / Monpera, located in the city centre, adjacent to the Great Mosque and Ampera Bridge. As its name in this building there are relics of history in the colonial period.

Museum Sultan Mahmud Badaruddin II, located near the Ampera Bridge and adjacent to Benteng Kuto Besak. The building located in the former royal palace of Palembang Sultanate. The museum displayed the relics and historical objects with collections spanned from Sriwijaya Kingdom period to Palembang Darussalam Sultanate era.

Rumah Limas of IDR 10000 banknote is now located in Museum Balaputradewa, Palembang.

Museum Balaputradewa, the home of Rumah Limas featured on IDR 10000 banknote. This type of stilt house is the traditional house of the people of Palembang.
8.4 West Java in Brief

The population of West Java was put at 43,054,000 in mid-2010 making it the most populous province of Indonesia, home to 18% of the national total on 1.8% of the national land. A side from the special district of Jakarta, it is the most densely populated province in the country with an average of 1,236 people per km² (2010 data). The population growth rate recorded in the ten years to 2010 was 1.9%

Tourism

Endowed with natural beauty and rich culture, tourism is also an important industry in West Java. The Puncak area and Bandung have long been known as popular weekend destinations for Jakartans. Today Bandung has developed into a chic and fashionable shopping destination, popular not only among local Indonesian especially Jakartans, but also a popular shopping destination for neighboring Malaysian and Singaporeans. The ancient coastal city of Cirebon is also popular as cultural tourism destination since the city has several kratons and many historical sites such as Gua Sunyaragi. Other popular tourism destinations include the Bogor Botanical Garden, Taman Safari Indonesia, Tangkuban Perahu crater, Ciater hot springs, Kawah Putih crater to the south of Bandung, Pangandaran beach, and various mountain resorts in Cianjur, Garut, Tasikmalaya, and Kuningan.
III. TECHNICAL INFORMATION

1. Competition Date

Pencak Silat competition will be held from August 23 to 29, 2018 at GOR Pencak Silat TMII, JAKARTA Cluster.

2. Venue

<table>
<thead>
<tr>
<th>Category</th>
<th>Competition Venue</th>
<th>Training Venue</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name</td>
<td>GOR Pencak Silat TMII, JAKARTA Cluster.</td>
<td>Training will take place at the competition venue</td>
</tr>
<tr>
<td>Distance from the Athletes' Village</td>
<td>+/- 15 km</td>
<td></td>
</tr>
<tr>
<td>Size</td>
<td>-</td>
<td></td>
</tr>
<tr>
<td>Seating Capacity</td>
<td>3,000 seat</td>
<td>-</td>
</tr>
</tbody>
</table>

3. Competition Management

3.1 **Technical Delegate** (INA) Mr. Teddy Suratmadji

3.2 **Competition Manager**: (INA) : Mr. Sunarno

4. Competition Events

The Pencak Silat competition will consist of 16 (sixteen) events including 10 (ten) categories for men, and 6 (six) categories for women.

<table>
<thead>
<tr>
<th></th>
<th>Men s (10)</th>
<th>Women s (6)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>TANDING</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>B (50 – 55 Kg), C (55 – 60 Kg), D (60 – 65 Kg)</td>
<td></td>
<td>B (50 – 55 Kg), C (55 – 60 Kg), D (60 – 65 Kg)</td>
</tr>
<tr>
<td>E (65 – 70 Kg), F (70 – 75 Kg), I (85–90 Kg)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>J (90 – 95)</td>
<td></td>
<td><strong>SENI</strong></td>
</tr>
<tr>
<td><strong>SENI</strong></td>
<td></td>
<td>Single, Double &amp; Team</td>
</tr>
</tbody>
</table>
5. Competition Schedule

5.1 Referee and Jury
Arrival: 19 August 2018
Refreshing: 20 – 21 August 2018, from 9 am to 5 pm
Venue: Padepokan Pencak Silat Taman Mini Indonesia

5.2 Technical Meeting and Drawing
Date: 22 August 2018, from 9 am to 3 pm
Venue: Padepokan Pencak Silat Taman Mini Indonesia

5.3 Competition Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Session</th>
<th>Time</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>19 Aug (Sun)</td>
<td>PS01</td>
<td>12 pm</td>
<td>Referee &amp; Jurors Arrival</td>
</tr>
<tr>
<td></td>
<td>PS02</td>
<td>9 am – 5 pm</td>
<td>Referee &amp; Jurors</td>
</tr>
<tr>
<td>22 Aug (Wed)</td>
<td>PS03</td>
<td>9 am – 3 pm</td>
<td>Technical Meeting &amp; Drawing</td>
</tr>
<tr>
<td>23 Aug (Thurs)</td>
<td>PS04</td>
<td>11 am – 4 pm</td>
<td>15 (fifteen)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Parties of Match</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Elimination</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>12 (twelve)</td>
</tr>
<tr>
<td>Date</td>
<td>Time</td>
<td>Event Type</td>
<td></td>
</tr>
<tr>
<td>----------</td>
<td>---------------</td>
<td>---------------------------------</td>
<td></td>
</tr>
<tr>
<td>24-Aug</td>
<td>9 am – 11.30 am</td>
<td>Parties of Match Elimination</td>
<td></td>
</tr>
<tr>
<td>PS05</td>
<td>2 pm – 5.30 pm</td>
<td>Parties of Match Elimination</td>
<td></td>
</tr>
<tr>
<td>PS06</td>
<td>9 am – 12 pm</td>
<td>Parties of Match Elimination</td>
<td></td>
</tr>
<tr>
<td>25-Aug</td>
<td>2 pm – 5.30 pm</td>
<td>Parties of Match Elimination</td>
<td></td>
</tr>
<tr>
<td>PS07</td>
<td>9 am – 12 pm</td>
<td>Parties of Match Elimination</td>
<td></td>
</tr>
<tr>
<td>PS08</td>
<td>2 pm – 5.30 pm</td>
<td>Parties of Match Elimination</td>
<td></td>
</tr>
<tr>
<td>PS09</td>
<td>9 am – 12 pm</td>
<td>Single Double and Team Elimination</td>
<td></td>
</tr>
<tr>
<td>Date</td>
<td>Time</td>
<td>Venue</td>
<td>Event</td>
</tr>
<tr>
<td>------------</td>
<td>---------------</td>
<td>-------</td>
<td>--------------------------------</td>
</tr>
<tr>
<td>26-Aug</td>
<td>2 pm – 5.30 pm</td>
<td>PS10</td>
<td>Semi-Finals of Match</td>
</tr>
<tr>
<td>(Sun)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>27-Aug</td>
<td>9 am – 12 pm</td>
<td>PS11</td>
<td>Semi-Finals Match</td>
</tr>
<tr>
<td>(Mon)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>28-Aug</td>
<td>2 pm – 5.30 pm</td>
<td>PS12</td>
<td>Finals of Single Double and Team</td>
</tr>
<tr>
<td>(Tue)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>29-Aug</td>
<td>9 am – 5.30 pm</td>
<td>PS13</td>
<td>Final of Match</td>
</tr>
<tr>
<td>(Wed)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Note: This competition schedule is subject to change depending on the number of final entries as well as request for TV Broadcast.

6. Competition Rules And Regulation

- The competition rules and regulations are complied with accordance set by the International Pencak Silat Federation (PERSILAT).
- The age of all athletes in the year of 2018 minimum is 17 years old and maximum is 35 years old, proved by passport.
- Athletes should bring the update health report from their countries.
- The competition will use digital scoring system. If there is any problem arisen to the digital scoring system, then the scoring will be done in manual.
- If there is any unsettled decision or problem arisen which is not set in the PERSILAT competition rules and regulations, therefore the organizing committee have the right to finalize the decision.
- Technical Official will refresh about the rules and regulations to the Team Manager one day before the event.

6.1 Weighing

- All athletes will be weighed on the registration day to confirm their categories.
- Every athlete should produce a certified medical certificate. If athlete failed to show the medical certification before weighing will be disqualified from the competition.
- All athletes must be weighed in 15 minutes before competition.
During the weighing, all athletes must wear Pencak Silat costume for the competition, dry, without sash, without groin guard or any joint guards.

6.2 Competition Rules for Match Category

- The competition rules & regulations are complied with accordance set by the International Pencak Silat Federation (PERSILAT).
- The competition will use knock out system and each competition has three (3) rounds. Each round takes exactly 2 (two) minutes net and rest time between rounds is 1 (one) minute net.
- The classification of classes according to the body weight is valid only for TANDING category which is performed by weighing and there is no tolerance of body weight.
- The weighing is carried out 15 (fifteen) minutes before the match is started in one championship according to the schedule of the competition. Athletes will be disqualified and the opponent will win the game if the athlete fails to be present after three (3) times their name called by the Technical Official.
- In Match category for Male, we will compete in 7 numbers. The numbers will be in B, C, D, E, F, I and J. Each country is able to follow in full numbers,
- In Match category for Female, we will compete in 3 numbers. The numbers will be in B, C, and D. Each country is able to follow in full numbers.

6.3 Competition Rules For Single – Double – Team Category

- Number Category
In Seni category, there are three (3) numbers, Single, Double and Team, both for male and female.

**- Times for Every Category**

For Single category (Male & Female), Double category (Male & Female) and Team category (Male & Female) the time to show is:

- Performance time is for 3 (three) minutes.
- All athletes who have the queue number to perform but fail to present after three (3) times their name been called by the Technical Official the athletes are disqualified. The exceptional is just only for the athletes who have any problems or the technical mistake from the Organizer. The Technical Official will make good decision for both parties but if the category is ended and the result have made, then the result cannot be changed.

**- Performance Synopsis For Double Category**

Every Team Manager and Coaches have to give synopsis for their athletes’ performances in case of dropping of the weapons which is given to the Technical Official before performing.

**6.4 Weapon Dropping And Accessory**

For Single / Double category, if the weapons are used by the athlete drops and this is not the synopsis which is given to the Technical Official, the points will be deducted. In Double category when any accessory drops off, it’s forgiven. But in Single and Team category the points will be deducted for each mistake.

**6.5 Weapons**

- **Single Category**
  - 6.5.1 Long Knife (Golok or Parang) size 30 – 40 cm
6.5.2 Toya/Tongkat (rod) made from rattan. Measuring from 150 – 180 cm and the diameter of 2,5 cm – 3,5 cm.

- Double Category

6.5.3 Beside the weapons that are mentioned above, in Double category, the athletes are allowed to use, such as golok, toya, keris, pisau, celurit and trisula as in Competition Rules of International PencakSilat Federation (PERSILAT).

6.5.4 All the Manager Team and Coaches must show all the weapons and get the clarification from the Technical Official during the Single and Double category briefing. If the weapons are rejected by the Technical Official, the Manager Team and the Coaches must unsure their athletes will not use them in the competition. If they fail to do so, the participants will be disqualified by the Technical Official.

6.6 Athletes Order

Athletes must be ready 1 (one) party before the category which they will represent be started. All Athletes are also advised to follow all the instructions from the officer in – charge.

7. Competition Format

The announcement of the result for every competition will be announced after each category finishes and the prize will be awarded to every category.
8. Sport Entry

8.1 Eligibility

- Only OCA member NOCs are entitled to send athletes to participate in the Pencak Silat Competition of the 18th Asian Games
- Only athletes who comply with the OCA constitution and rules and its bye-law are entitled to participate in the Pencak Silat Competition

8.2 Entry Timeline

- Entry by Sport – Deadline: 24:00 March 9, 2018 (Indonesia Time, GMT +7)
- Entry by Number – Deadline: 24:00 April 30, 2018 (Indonesia Time, GMT +7)
- Entry by Name – Deadline: 24:00 June 30, 2018 (Indonesia Time, GMT +7)

8.3 Entry Policies

- Each NOC may enter one (1) athlete in each number/class category.
- For Tanding category, each NOC may enter seven (7) numbers for male and three (3) numbers of female categories.
- For Single, Double, and Team categories, each NOC may enter six (6) categories for male and female.
- The age for the athletes is between 17 to 35 years old that are eligible to join the competition both in Tanding and Seni categories.
- Minimum participating country for each class to be competed is six (6) countries.
NOC’s that withdraw their athletes or team after the submission of the final entries by name and team sport draw, will be faced with disciplinary action by the OCA.

9. Technical Official
   9.1 The appointment of International Technical Delegate, Assistant Technical Delegate, Competition Chairman, Council of Referee-Jury, Referee and Jury should be given by PERSILAT upon agreement from individual countries.
   9.2 All the results made by the panel of referees and jurors are final.

10. Technical Meeting
    Technical Meeting and Drawing
    Date: 22 August 2018, from 9 am to 3 pm
    Venue: Padepokan Pencak Silat Taman Mini Indonesia

11. Protests & Appeals
    11.1 All contingents are allowed to make protest trough their Team Manager. The protest should be made in written form and be handed over together with the protest money of USD 200.
    16.2 Each protest should be submitted to the Chairman of Competition within ten (10) minutes after the result is announced.
    16.3 The protest money will burn if the protest had been made are not reasonable.
    16.4 A protest may be reviewed only if it is submitted properly according to the noble values and ethics of Pencak Silat.
    16.5 All the results made by the International Technical Delegate (ITD) regarding to the protest is final.

12. Equipment & Clothing
- The arena can be on the floor layered with PERSILAT standard of mattress with maximum thickness of 2.5 cm up to 5 cm, flat and non-bouncing surface with a measurement of 10 m x 10 m, the base color must be bright green marked with white line. The Organizing Committee shall provide this requirement.

- The Athletes for Match category must wear a standard black Pencak Silat uniform, the sleeves up till the wrist (+/- 1 cm) and the length of the pants up to the ankle (+/- 1 cm) and a white sash.

- The athletes for Single and Double category should wear the Pencak Silat uniform in plain color, and the accessories (ikat epala/songkok and kain samping).

- The Athletes for Team category must wear a standard black Pencak Silat uniform, with a white belt of 10 cm which is wrapped not tied nor loosely, and without accessories.

- All athletes must wear the body protector provided by Organizing Committee.

- All athletes (Male and Female) must wear a plastic groin guard provided by athlete (contestant).

- Joint guard (wrist, ankle, knee, shoulder and elbow), shin and arm guards are allowed to be used 1 layer with 1 cm maximum of the thickness and made from non-hard materials.

13. Doping Control and Medical

Doping Control during the 18th Asian Games will be conducted in accordance with OCA Anti-Doping Rules applicable to the Asian Games and will follow the standards and procedures under the World Anti-Doping program.

INASGOC, in collaboration with the medical committee of the OCA will have in place the resources to assist in the investigation of any cases of
disorders of sexual determination, should the need arise. The need for such tests and the processes to be followed will be as per the rules/procedures laid down by the OCA.

14. Victory Ceremony

Gold, Silver and bronze medals will be awarded to the athletes ranked top three (two third place) of each event respectively. Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the Waiting Area to get ready for the ceremony. Medalists must wear their NOC official uniforms. Fifteen minutes before the Victory Ceremony starts, the medalists shall be escorted to the waiting area to get ready for the ceremony. Medalists must wear their NOC official uniforms.

15. Media Interview

All athletes should pass through the Mixed Zone. Athletes and/or coaches should attend press conferences and interviews when there are interview requests for them.

16. Sport Information Center (SIC)

All sport-specific information for PencakSilat will be available at the sport information desks. They are located at the competition venue and at the Sport Information Center (SIC) in the Athletes' Village.
IV. General Contacts

1. International Pencak Silat Association (PERSILAT)
   • President : Mr. Prabowo Subianto
   • Secretary General : Mr. Teddy Suratmadji
   • Address : Padepokan Pencak Silat Indonesia, TMII
   • Phone : + 62 21 8416214
   • Fax : + 62 21 8416214
   • Email : secretariat@persilat_ipsf.org
   • Web : www.persilat-ipsf.org

2. Technical Delegate
   • Name : Teddy Suratmadji
   • Phone : +62 87880757859
   • Email : technicaldelegate@persilat-ipsf.org

3. Indonesia Pencak Silat Federation
   • President : Mr. Prabowo Subianto
   • Address : Padepokan Pencak Silat Indonesia, TMII
   • Phone : +62 21 8416214
   • Fax : +62 21 8416214
4. INASGOC Sports Planning Department
   • Address : FX Plaza Office Tower 18th Floor, Jl. Pintu 1 Senayan, Jakarta Pusat 10270, Indonesia
   • Phone : +62 21 22552018
   • Fax : +62 21 22532018
   • Email : secretariat@jakarta-palembang2018.org
   • Web : www.jakarta-palembang2018.org

5. INASGOC Competition Manager
   • Name : Sunarno
   • Phone : +6281218907667
   • Email : sunarno_putra@yahoo.com

6. Indonesia Olympic Committee
   • Address : FX Plaza Office Tower 17th floor
                Jl. Pintu I Senayan, Jakarta 10270
                INDONESIA
   • Phone : +62 21 2555 4111
   • Fax : +62 21 2555 4110
   • Email : koi@nocindonesia.or.id
   • Web : nocindonesia.or.id
### V. General Competition Schedule

| SPORT/COMPETITION | VENUE/CITY | WEEK 1 | WEEK 2 | WEEK 3 | WEEK 4 | WEEK 5 | WEEK 6 | WEEK 7 | WEEK 8 | WEEK 9 | WEEK 10 | WEEK 11 | WEEK 12 | WEEK 13 | WEEK 14 | WEEK 15 | WEEK 16 | WEEK 17 | WEEK 18 | WEEK 19 | WEEK 20 | WEEK 21 | WEEK 22 | WEEK 23 | WEEK 24 | WEEK 25 | WEEK 26 | WEEK 27 | WEEK 28 | WEEK 29 | WEEK 30 | WEEK 31 | WEEK 32 | WEEK 33 | WEEK 34 | WEEK 35 | WEEK 36 | WEEK 37 | WEEK 38 | WEEK 39 |
|-------------------|------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|